



RAYMOND ROADRUNNER

TOWN OF RAYMOND - AUGUST 2021 NEWSLETTER

COVID-19 UPDATES

How to protect yourself

The Delta variant of COVID-19 is highly contagious and is transmitted human to human from respiratory droplets and even vaccinated persons can unknowingly spread the disease. As infection counts rise in Cumberland County, the Maine CDC has recommended that all persons wear a mask while indoors at work or businesses.

SO, PROTECT YOURSELF AND FAMILY WITH THESE TIPS FROM THE CDC.

- Wear a mask indoors when out in public! Make sure it fully covers your mouth and nose.
- Stay home if you don't feel well.
- Use good respiratory hygiene.
- Wash your hands frequently with soap and water.
- Disinfect frequently touched surfaces at home, work and in vehicles.
- Get vaccinated if you are eligible.

Due to the new recommendations the Town of Raymond Town office will strongly encourage that all visitors wear a mask. *Thanks for your compliance!*

Raymond Village Library Events

Hours:
 Monday 9am-6pm
 Tuesday 9am – 12pm (senior hours), 12pm – 6pm
 Wednesday 9am – 6pm • Saturday 9am – 4pm
 207-655-4283 • rvldirector@gmail.com



Raymond Village Library
An Open Door - Discover the Possibilities

Author Talk and Book Signing “Wild, Weird, Wonderful Maine” with Earl Brechlin

Tuesday, August 24th at 4:30 p.m.

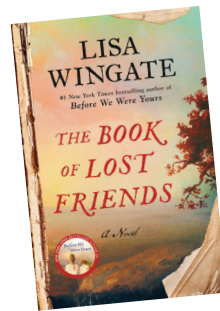
Contact the library to preregister for this author event.



Literary discussion of “The Book of Lost Friends” by Lisa Wingate

Monday, August 30th at 6 p.m.

This is held in person and via Zoom. To participate via Zoom option, contact the library, or Melanie, the book club facilitator, by email for meeting web link & password.



Check out the Library Calendar to keep with with activities & events at: www.raymondvillagelibrary.org/events and follow them on Facebook

HAPPENING NEXT WEEK....

Family Fun, Fitness, and Film Festival

Thursday, August 26th

5:30-10PM @ Tassel Top Park, Raymond

This FREE event provides resources for staying healthy by offering various activities and more!

Enjoy this outside event intended to help us connect, socialize & have fun!

Ongoing stage events & entertainment: Family Feud Contest, Name that Disney Tune Contest, Exercise Demos, Maine Dance Center & Toy Story 4 showing at dusk!

PLUS, Yoga on the Beach, Mindfulness Sessions, Glenn Simpson's Art Puzzle Project, DARE to Adventure Kayak flipping, Scavenger Hunt & more!

Grand Prize Drawing for attendees: An overnight at the AC Marriott Motel on the Portland Waterfront.



Snack Shack will be open!



Event sponsored by:



Raymond Village Community Church POT ROAST SUPPER

September 11, 2021

Order ahead for pick up between 5:00 and 6:30pm

27 Main Street, Raymond

Menu: Pot roast and gravy, potatoes, green beans, carrots, a roll, and a brownie for \$12. Meals are take-out only.

Please order in advance as it is unlikely that extra meals will be available. To order your meals please call 655-7749 and leave a message with your name, number of meals and time you will pick up. Or send an e-mail to office@rvccme.org with the information.

Meals will be hot and ready to take home!

- The next date is October 9th -



Raymond Arts Alliance is a program of the Raymond Village Library



Sat, Sept. 4th • 7PM (Doors open at 6:30PM)

at Raymond Village Community Church
 27 Main Street, Raymond

DENNY BREAU started playing guitar when he was 9 years old and was performing professionally by his early teens. He is the youngest inductee in the history of the Maine Country Music Hall of Fame. During his more than 30 years as a full-time musician, he has performed with many well-known artists and has long been in demand as a studio musician.

JOIN US FOR THIS AMAZING CONCERT!

Admission free; Suggested donation \$10

Light Refreshments will be served during intermission



RAYMOND ROADRUNNER

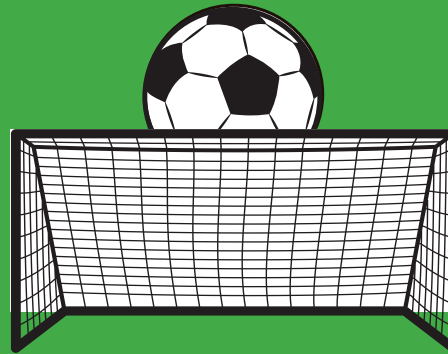
TOWN OF RAYMOND - AUGUST 2021 NEWSLETTER



THERE'S STILL TIME TO SIGN UP FOR FALL SOCCER PROGRAMS

Grade Divisions:
Coed 1st & 2nd Grade
Boys 3rd & 4th Grade
Girls 3rd & 4th Grade
Boys 5th & 6th Grade
Girls 5th & 6th Grade

Both 3rd-4th & 5th-6th Divisions will be playing in the Lakes Region Rec Soccer League



EARLY REGISTRATION:
\$40
July 8th to August 24th

LATE REGISTRATION:
\$50
August 25th to September 1st

Kinder Kickz Instructional Soccer

Kinder Kickz is an instructional soccer program that will introduce the sport in a fun & engaging way. Parks and Rec staff will lead the session. Parent participation is required during certain drills & activities.

Early Program Fee: \$25 Raymond Residents
Dates: Wednesdays, Sept. 15-October 20
Time: 5:00PM to 5:45PM • Where: Camp Agawam Fields



DON'T WAIT - REGISTER NOW! Raymond.RecDesk.com

Want to make an impact? Choose "yes" to volunteering when registering your child!

Upcoming Raymond Schools PTO Events & News

Jordan Small Middle School ICE CREAM SOCIAL

Join the new parents of JSMS by welcoming them with ice cream and delights! Kelly's Ice Cream Truck will serve students from 6-6:30pm, all other attendees will be \$2/ice cream.



Raymond Schools PTO



The PTO will be at the Pre-K & Kindergarten ORIENTATIONS,

Tues., Aug. 31st at 9am & Wed., Sept. 1st at 10am

Check us to learn more about the fun activities

planned for this year and how you can help.

WE HAVE A NEW WEBSITE!!! WWW.RAYMONDSCHOOLSPTO.COM

All you need to know in one handy place from events, sign-ups, and scholarships

Thank you

Fresh garden donations to the Raymond Food Pantry from the Raymond Community Garden, Dana Desjardins, John & McKenzie Prince, among others. Photos by Gary Bibeau



Raymond Food Pantry is open the second and fourth Thursday of every month from 4 to 6pm at Lake Region Baptist Church - 1273 Roosevelt Trail

Donations may be dropped off at the church or mailed to: Raymond Food Pantry, P.O. Box 900, Raymond, ME 04071
If urgent needs arise between scheduled Pantry hours, please feel free to call for assistance at 655-4334.

GUNFIRE WARNING
Camp Hinds will be holding the annual Maine Shooting Sports Experience on September 10th at Camp Hinds. The event starts at 8:00am and should be done by 4:00pm. Those in the area of Camp Hinds (146 Plains Rd) should expect to hear gunfire throughout the day.



Institute for Integrative Aging

Saint Joseph's College of Maine

COFFEE & CONVERSATION returns in September!

Coffee & Conversation is a laid-back, hour-long Zoom session once a week. There is a central theme or topic, and often a guest speaker for us to learn from.

DINE WITH IIA

On Tuesday, Sept. 7 from 2-4 pm, we'll have Afternoon Tea! Sweets and savories and socialization - what could be better? And finally, on Tuesday, September 14, from 4-6pm, we'll gather for a Harvest Supper

For more info. on these events please visit: www.sjcme.edu/centers/institute-for-integrative-aging

SILVER SNEAKERS AT SAINT JOSEPH'S COLLEGE

Mondays (zoom)

9:00 am-9:45am - Muscle:

This incorporates athletic exercises that boost overall fitness and improve strength through muscle conditioning and drills.

Tuesdays (in-person)

9:00 am-9:45am- Splash:

An aqua fitness class designed for all skill levels, including non-swimmers, and can be adapted for common chronic conditions.

Wednesdays (Zoom or in person) and Fridays (Zoom only)

9:00am-9:45am-Classic:

This is perfect for an individual who is new to exercise, but is also appropriate for anyone wanting to improve their endurance and flexibility.

For more info visit sjcme.edu/silversneakers or contact Jenna Chase at 207.893.6627 jchase@sjcme.edu.