



TRAIL GUIDE



Baldwin
Bridgton
Casco
Harrison
Naples
Raymond
Sebago
Standish
Windham



Featured Trails
See reverse side for more information about each trail, including trailhead directions and a brief route description.



Data sources: Maine Office of GIS, Maine Department of Environmental Protection, Maine Bureau of Parks & Lands, Environmental Systems Research Institute, United States Geological Survey, Center for Community GIS, Casco Bay GIS Service Center (ESRW), Portland Water District, Loon Echo Land Trust

Conserved lands and open space properties (shown in green on this map) without featured trails do not necessarily allow public access. Many do, but it is important to check with individual land owners before accessing their properties.

March 2012



Bald Pate Mountain Bridgton, Sebago (C-2)

Difficulty: Easy - Moderate
Length and Type: 6.7 miles, Network
Pets and Fees: Permitted, No
Trail Uses: Hiking, Snowshoeing, Cross-country Skiing
Trail Managers: Loon Echo Land Trust

Trailhead Directions: Heading north into Bridgton on US 302, look for ME 117 on left. Bear left from ME 117 onto ME 107. After roughly 5 miles, Five Fields Farm Orchard will be on the left. Crest the hill after the orchard and look for a sign for Bald Pate Mountain on the left side of the road. Parking is available.

Trail Description: This preserve consists of 486 acres of forest, meadows, and scenic vistas. The network of seven trails offers an array of opportunities and views. All hiking trails are marked and signed. Hunting is allowed on the property, so blaze orange should be worn October through December. There is a groomed cross-country trail network that extends into the preserve. A fee to use this network is payable at Five Fields Farm. A short portion of the Moose Trail is a shared ATV trail.

Black Brook Preserve Windham (E-5)

Difficulty: Easy - Moderate
Length and Type: 2.4 miles, Network
Pets and Fees: Permitted, No
Trail Uses: Hiking, Snowshoeing, Cross-country Skiing, Horseback Riding
Trail Managers: Windham Land Trust

Trailhead Directions: From its intersection with US 202/ME 4, follow Windham Center Road to the east for 0.3 miles to reach a gravel parking area and trailhead located on the left side of the road. The trail network can also be accessed from US 202/ME 4 across from the School Road intersection, 0.6 miles south of the traffic circle.

Trail Description: Several miles of trails cross through Black Brook Preserve. Cedar benches are found along the trails for resting. Historic charm, rural character, and natural beauty can all be found in the rolling hills, mature trees, and brooks of the preserve, which is open year round to the public. Berry picking is allowed in season.

Chessey Property Sebago (D-2)

Difficulty: Easy - Moderate
Length and Type: 1 mile, Roundtrip
Pets and Fees: Permitted, No
Trail Uses: Hiking, Snowshoeing, Cross-country Skiing
Trail Managers: Presumpscot Regional Land Trust

Trailhead Directions: From ME 107, turn onto Hancock Pond Road and follow it for 1 mile to the trailhead, which is about 100 yards past a large cemetery.

Trail Description: The Chessey Property is a 100-acre private property protected under a conservation easement held by the Presumpscot Regional Land Trust. The property is a wild and relatively pristine woodland area. The half-mile trail leads to the undeveloped shore of Browns Pond. Pats are rocky and can be muddy.

Deer Hollow Sanctuary Windham (D-4)

Difficulty: Easy - Moderate
Length and Type: 0.75 miles, Loop
Pets and Fees: Permitted, No
Trail Uses: Hiking, Snowshoeing
Trail Managers: Windham Parks and Recreation

Trailhead Directions: At the traffic light on US 302/ME 35 (1.2 miles north of their intersection with ME 115 in Windham), turn onto Angler Road, a dirt road, and follow it just under a half mile. Veer right onto Woodland Road and stay straight (becomes Mount Hunger Shore Road) for 0.4 miles. Parking and trailhead are on the right.

Trail Description: This trail, located on a 16-acre sanctuary, leads down to Mud Ponds. Great for a short hike and bird watching. Can be wet in the spring. Trails are not marked but easily followed.

Donnabeth Lippman Park Windham (D-4)

Difficulty: Easy
Length and Type: 1.5 miles, Loop
Pets and Fees: Permitted, No
Trail Uses: Hiking, Snowshoeing, Cross-country Skiing
Trail Managers: Windham Parks and Recreation

Trailhead Directions: Heading north on US 302 in Windham, travel 0.6 miles past the intersection with ME 35. Turn right onto Chaffin Pond Preserve Road, a dirt road adjacent to the Sherwin Williams paint store marked with a white and green road sign. Parking is within view of US 302 and accommodates eight vehicles.

Trail Description: Donnabeth Lippman Park offers an easy family hike in a great natural setting. Trails on the back side of Chaffin Pond can be wet during the spring. Picnic tables and benches near the trailhead make this a great picnic spot.

Douglas Mountain Sebago (D-2)

Difficulty: Moderate - Advanced
Length and Type: 2.3 miles, Loop
Pets and Fees: Not permitted, Yes
Trail Uses: Hiking, Snowshoeing
Trail Managers: Town of Sebago

Trailhead Directions: Follow ME 107 north from East Baldwin or south from Bridgton. Turn onto Dyke Mountain Road. After 0.8 miles, turn

left onto Douglas Mountain Road and follow the trail signs. There are two trailheads and one parking area. The second trailhead, located 0.2 miles farther up Douglas Mountain Road, is for drop-off/pick-up only.

Trail Description: This trail offers a steep climb with spectacular views at the top. Much of the trail is forested with openings in the higher elevations. Some parts of the trail have challenging stream crossings.

Gerry Spencer Trail Standish (E-3)

Difficulty: Easy
Length and Type: 0.25 miles, Loop
Pets and Fees: Permitted, No
Trail Uses: Hiking, Snowshoeing
Trail Manager: Town of Standish

Trailhead Directions: This trail starts behind the Standish Municipal Center located at 175 Northeast Road (ME 35). Parking is available at the Municipal Center. The trail leaves from the back corner of the parking lot.

Trail Description: This trail offers easy walking on a packed earth surface through a wooded area.

Hacker's Hill Casco (C-4)

Difficulty: Easy
Length and Type: 0.25 miles, Loop
Pets and Fees: Permitted, No
Trail Uses: Hiking, Snowshoeing
Trail Manager: Loon Echo Land Trust

Trailhead Directions: Hacker's Hill Road is located on the north end of Quaker Ridge Road accessible from US 302/ME 11 in Casco. The short, steep roadway leads to the top of the hill. The gate at the bottom of the hill is open to motor vehicle use five days a week. May through October, 8:30AM to 30 minutes after sunset. The gate is closed on Tuesdays and Thursdays. Foot traffic up Hacker's Hill Road is welcome when the gate is closed.

Trail Description: At the top of the hill are open, grassy fields for walking, picnicking, scenic viewing, sunset gazing, and photography. Amenities include picnic tables, restroom, and parking area. In winter, a snowmobile trail accesses the top of the hill from the east.

Holt Pond Preserve Bridgton, Naples (C-2)

Difficulty: Easy - Moderate
Length and Type: 5.3 miles, Network
Pets and Fees: Not permitted, No
Trail Uses: Hiking, Snowshoeing, Cross-country Skiing
Trail Manager: Lakes Environmental Association

Trailhead Directions: From Naples, travel west on US 302. Go 2.5 miles from the Naples Causeway and turn left onto Perley Road. Go 1.5 miles on Perley Road to the intersection of Chaplins Mill Road and Grist Mill Road. Continue straight on Grist Mill Road for 0.3 miles to reach the parking area and trailhead on the left. Please note that in the winter Grist Mill Road is not plowed; there is a small parking lot on the corner of Grist Mill Road and Perley Road that can be used by winter hikers.

Trail Description: This trail network winds through a mixed forest of birch, beech, hemlock, and pine as well as a red maple swamp with excellent wildlife and bird watching. A boardwalk crosses a quaking mat of sphagnum moss that is home to many unique bog plants. The trail along the south shore of Holt Pond is drier and leads to Chaplins Mill Road. Additional trails lead north to rocky formations on Byron's Hill.

Jugtown Forest Casco, Naples, Otisfield (C-3)

Difficulty: Moderate
Length and Type: 15 miles, Network
Pets and Fees: Permitted, No
Trail Uses: Hiking, Snowshoeing, Cross-country Skiing, Horseback Riding
Trail Manager: Hancock Land Company

Trailhead Directions: Edes Falls Road Trailhead (Casco): Take ME 121 through Casco Village and turn at the Hancock Lumber Administrative Offices onto Edes Falls Road. Follow Edes Falls Road about a mile until you see the marked kiosk. Park outside the gated area and walk or ride in from there. Ellen Drive Trailhead (Naples): From US 302, take ME 11 (Poland Springs Road) approximately 1.8 miles. Turn left onto Cooks Mill Road. Follow that for 1.3 miles and turn right onto Jugtown Road. Ellen Drive is the first right, and the designated parking area and marked kiosk is 300 yards farther down the road.

Trail Description: This 5,000-acre privately owned working forest encompasses parts of Casco, Naples, and Otisfield and is open for responsible public access. Enjoy miles of marked trails in accordance with Hancock Lumber's rules and regulations. Snowmobiling is allowed on the marked trails as is hunting on the land; be sure to wear blaze orange from October through December.

Lake Region Middle & High Schools Naples (C-2)

Difficulty: Easy - Moderate
Length and Type: 0.7 miles, Network
Pets and Fees: Permitted, No
Trail Uses: Hiking, Mountain Biking, Snowshoeing, Cross-country Skiing
Trail Manager: Lake Region School District

Trailhead Directions: Follow US 302 through downtown Naples and look for Kansas Road on the right. The middle school is located 0.9 miles from US 302 on the left. The trailhead is off the athletic fields behind the school building.

Trail Description: These wide and easily followed trails connect the middle and high schools through a wooded area.

Lowell Preserve Windham (E-5)

Difficulty: Moderate - Advanced
Length and Type: 8 miles, Network
Pets and Fees: Permitted, No
Trail Uses: Hiking, Mountain Biking, Snowshoeing, Cross-country Skiing, Horseback Riding
Trail Manager: Windham Parks and Recreation

Trailhead Directions: Heading south on US 302 in Windham, turn left onto Albion Road and follow until it reaches Falmouth Road. Take a left on Falmouth Road and travel 0.5 miles to the East Windham Fire Station on the left. Park by the playground (not in front of the fire station bays).

Trail Description: This wooded trail system consists of three main loops. Libby Hill Loop (3.5 miles) is yellow-blazed and circumvents the preserve boundary. The Virginia Trail (1.7 miles) is blue-blazed and heads towards the center of the property before looping back. The green-blazed trail, called the Roscoe Loop (1.5 miles), is in the northern section of the property. Orange and red blazed connector trails link these main loops. Other allowed uses include ATVing and snowmobiling. Trails are marked to show allowed uses; please respect the signs.

Manchester School Windham (D-4)

Difficulty: Easy
Length and Type: 1 mile, Loop
Pets and Fees: Permitted, No
Trail Uses: Hiking, Snowshoeing
Trail Manager: Windham and Raymond School District

Trailhead Directions: Manchester School is located on US 302 approximately 0.25 miles south of the US 302/ME 35 and ME 115 intersection in North Windham. Park in the school parking lot to access the trails that begin near the basketball court.

Trail Description: This short, wooded, and flat loop travels through easy terrain and will feature new fitness stations in 2012.

Mayberry Hill Preserve Casco (D-4)

Difficulty: Easy
Length and Type: 0.9 miles, Loop
Pets and Fees: Permitted, No
Trail Uses: Hiking, Snowshoeing, Cross-country Skiing
Trail Manager: Loon Echo Land Trust

Trailhead Directions: Follow ME 121 to Casco Village. Just past the Casco Village Church, turn right onto Mayberry Hill Road and follow it across the causeway and up a long hill. Turn left at the stop sign. The preserve is a short distance on the right. Vehicles should park along the side of the road with wheels well off the roadway. Use caution; a blind curve makes it difficult for other motorists to see.

Trail Description: Mayberry Hill Preserve is comprised of 160 acres of mixed woodlands, meadow, and streams. There is one loop on the property, with additional walking opportunities through the field. Hunting is allowed on the property; wear blaze orange from October through December.

Morgan Meadow Raymond (C-5)

Difficulty: Moderate
Length and Type: 0.8 miles, Loop
Pets and Fees: Permitted, No
Trail Uses: Hiking, Snowshoeing
Trail Manager: Raymond Conservation Commission

Trailhead Directions: From ME 85 in Raymond, follow Egypt Road approximately 2.2 miles to a small, off-road parking area on the left (near the Raymond/Gray town line).

Trail Description: This trail moves through upland forests within the Morgan Meadow Wildlife Management Area (WMA), a 1,072-acre property owned by the Maine Department of Inland Fisheries and Wildlife. Watch for exposed roots and rocks. The area is open to hunting year round, and provides opportunities for trapping, birding, and other outdoor activities.

Mountain Division Trail Windham, Gorham, Standish (E-3, E-4)

Difficulty: Moderate
Length and Type: 7 miles, One-way
Pets and Fees: Permitted, No
Trail Uses: Hiking, Biking, Snowshoeing, Cross-country Skiing
Trail Manager: Towns of Windham, Gorham, and Standish

Trailhead Directions: Multiple trailhead parking and access points in Standish and Windham. One is located at the end of Gambo Road off River Road in Windham.

Trail Description: The Mountain Division Trail follows the original Portland and Ogdenburg Railway bed, built to connect Portland to the St. Lawrence Seaway. The trail, when completed, will connect Portland with the town of Fryeburg on the New Hampshire border. The currently completed 6-mile section of this paved trail runs from US 202 in South Windham to the Otter Ponds in Standish with a 1-mile gravel trail section connecting to Johnson Field on ME 35 in Standish.

Pleasant Mountain Bridgton, Denmark (B-1)

Difficulty: Advanced
Length and Type: 10.5 miles, Network
Pets and Fees: Permitted, No
Trail Uses: Hiking, Snowshoeing, Cross-country Skiing
Trail Manager: Loon Echo Land Trust

Trailhead Directions: From Bridgton follow and US 302 for roughly 5 miles. Turn left onto Mountain Road and drive past Shawnee Peak Ski Area. The distance from US 302 to the Bald Peak Trail is 1 mile and to the Ledges Trail is 3 miles. The Fire Warden's and Southwest Ridge Trailheads are located off of Wilton Warren Road and Denmark Road in Denmark.

Trail Description: Pleasant Mountain, at 2,006 feet, is the tallest mountain in southern Maine. This trail network offers a variety of challenging day hikes. Snowmobiling is only allowed on the Fire Warden's Trail. Hunting is allowed on Loon Echo Land Trust property and, by permission only, on the surrounding private land; please wear blaze orange from October through December.

Pondicherry Park Bridgton (B-2)

Difficulty: Easy - Moderate
Length and Type: 2.3 miles, Network
Pets and Fees: Permitted, No
Trail Uses: Hiking, Snowshoeing, Cross-country Skiing
Trail Manager: Loon Echo Land Trust

Trailhead Directions: To access the main trailhead follow US 302 west to downtown Bridgton (Main Street). Turn left at Rensy Department Store onto Depot Street. Park in the municipal parking lot and enter through the covered bridge. Additional trailhead access is located on South High Street and Willer Road.

Trail Description: Pondicherry Park includes 66 acres of woodlands, fields, and streams in the heart of Bridgton. Amenities such as benches and kiosks are available. The pathway leads deep into the park where there are signs of beaver, deer, mink, and pileated woodpecker.

Raymond Elementary School Raymond (C-4)

Difficulty: Easy
Length and Type: 0.4 miles, Network
Pets and Fees: Permitted, No
Trail Uses: Hiking, Snowshoeing, Cross-country Skiing
Trail Manager: Windham and Raymond School District

Trailhead Directions: The Raymond Elementary School is located on ME 85 (Webb Mills Road). Park on your right immediately after turning into the school's drive to access the Frog Pond Trail, which leaves from a kiosk on the opposite side of the road.

Trail Description: The Frog Pond Trail offers a short walk to a pond with easy access for the whole family. An additional 1.5 miles of trail are currently under development.

Sebago Elementary School Sebago (D-3)

Difficulty: Easy - Moderate
Length and Type: 0.4 miles, Loop
Pets and Fees: Permitted, No
Trail Uses: Hiking, Snowshoeing
Trail Manager: Lake Region School District

Trailhead Directions: The entrance to the school is at the intersection of ME 11 and ME 114 in Sebago. The parking lot is immediately to the left. The trail leaves from a sign and opening in the fence behind the parking lot.

Trail Description: This short network of looping trails starts high on the bank of a brook and descends among towering conifers to the loop along the edge of the brook.

Sebago Lake Ecology Center Standish (E-4)

Difficulty: Easy
Length and Type: 1.8 miles, Network
Pets and Fees: Permitted, No
Trail Uses: Hiking, Snowshoeing, Cross-country Skiing
Trail Manager: Portland Water District

Trailhead Directions: Access the trails from the Sebago Lake Ecology Center from the ME 237 kiosk, or take a detour off the Sebago to the Sea Trail. The Center is located in Standish at the intersection of ME 237 and ME 35. Each trail has its own trailhead with parking, a kiosk, a map, and list of allowed uses. Be sure to fill out a permit at a kiosk.

Trail Description: There are three nature trails behind the Sebago Lake Ecology Center. The shortest trail is the Wetland Loop Trail (0.3 miles), which is easily accessed from the Center and is great for children. The Toadstool Trail (0.5 miles) is marked by orange arrows. It features beautiful forest flowers, wild berry picking in the summer, and a naturally curved landscape shaped by a glacier 13,000 years ago. The Horsetail Hike Trail (1.0 miles), marked by white arrows, highlights several different habitats, vernal pools, a small stream, and a glacial kame terrace.

Sebago Lake State Park Casco, Naples (D-3)

Difficulty: Easy - Moderate
Length and Type: 4.5 miles, Network
Pets and Fees: Permitted, Yes
Trail Uses: Hiking, Mountain Biking, Snowshoeing, Cross-country Skiing
Trail Manager: Maine Bureau of Parks & Lands

Trailhead Directions: Heading north from Windham on US 302/ME 35, drive 5.4 miles past the intersection with ME 121 and turn left onto State Park Road. Travel another 1.5 miles to reach the entrance of Sebago Lake State Park's day use area on the right (south) side of the road.

Trail Description: Sebago Lake State Park opened in 1938 and is one of Maine's five original state parks. This beautifully forested, lakeside park provides year-round recreation and great wildlife viewing. Over 4.5 miles of trails traverse a mixed growth forest along the shores of Sebago Lake and Songo River. The trails are relatively flat and gravel packed, allowing for easy hiking and mountain biking. Trails are groomed in the winter for cross-country skiing. The park also has a public boat launch.

Sebago to the Sea Trail (Section 2) Standish (E-4)

Difficulty: Easy - Moderate
Length and Type: 1.25 miles, One-way
Pets and Fees: Permitted, No
Trail Uses: Hiking, Biking, Snowshoeing, Cross-country Skiing, Horseback Riding
Trail Manager: Presumpscot Regional Land Trust

Trailhead Directions: There are multiple trailhead parking and access points for the 28-mile Sebago to the Sea Trail corridor, which extends between Sebago Lake in Standish to Casco Bay in Portland. To access the second section of the trail, park in the lot on ME 237 identified by a Portland Water District kiosk. Be sure to fill out a permit at the kiosk.

Trail Description: From the kiosk, walk the woods road south toward Otter Ponds following the Sebago to the Sea Trail signs. At Otter Ponds, the Sebago to the Sea Trail joins the Mountain Division Trail. The Sebago Lake Ecology Center can also be accessed from a side trail not far from the trailhead.

Steven's Brook Trail Bridgton (B-2)

Difficulty: Moderate
Length and Type: 2.4 miles, One-way
Pets and Fees: Permitted, No
Trail Uses: Hiking, Snowshoeing, Cross-country Skiing
Trail Manager: Lakes Environmental Association

Trailhead Directions: Parking is available at both Highland and Long Lakes. The trail can also be accessed from the Bob Dunning Bridge at the entrance to Pondicherry Park off of Depot Street in Bridgton between the Magic Lantern and the community center.

Trail Description: This trail between Highland Lake and Long Lake follows Steven's Brook as it meanders through downtown Bridgton past scenic and historic natural areas. The trail offers easy to moderate terrain. Hiking boots or sneakers are recommended as are long pants because of mud and poison ivy. Sections may be flooded when water levels are high, so please plan accordingly.

Tassel Top Park Raymond (D-4)

Difficulty: Easy
Length and Type: 1.5 miles, Network
Pets and Fees: Not permitted, Yes
Trail Uses: Hiking
Trail Manager: Tassel Top Park (Town of Raymond)

Trailhead Directions: Tassel Top Park is accessed from US 302 in Raymond (across from the Raymond Shopping Center and behind Jordan Bay Veterinary Hospital). Trailhead parking is located just past the gatehouse (where the park entrance fee is collected).

Trail Description: Tassel Top Park is situated on 35 acres on the eastern shore of Sebago Lake. A short walk from the gravel parking lot brings you to one of the best beach areas on Sebago Lake. The clearly marked nature trail meanders through acres of woods and has signed points of interest and benches for meditation and rest. The trail is handicap and stroller accessible. There is no off hours, off season, or winter access to the park.

Windham High School Windham (E-4)

Difficulty: Easy - Moderate
Length and Type: 1.1 miles, Network
Pets and Fees: Not permitted, No
Allowed Uses: Hiking, Snowshoeing
Trail Manager: Windham and Raymond School District

Trailhead Directions: The Windham School Complex is located on US 202/ME 4 in Windham. Park in one of the lots near the athletic stadium.

Trail Description: This network offers short wooded trails that initially follow gravel roads before descending a moderately steep hill to loop around a stream and small wetland area. The trails can be combined with walks around the athletic fields and school campus to add more distance.

THERE & BACK

To have a safe, enjoyable trail experience, it is important to be prepared even if you are only going out for an hour's walk.

BEFORE YOU LEAVE

Plan ahead. Learn about the area you will be visiting. Research the trail using guidebooks, the latest maps, or online resources, especially trail managers' websites (see below). The trail descriptions provided in this guide are not substitutes for proper trail maps.

Check local weather reports. Weather can change quickly any time of year. Turn back or postpone your hike if severe weather is a potential threat. The trails will be there to explore another day.

Leave word of your plans. Tell someone where you are going, your schedule and when you intend to return, and your plan in the event of an emergency.

Know your abilities and gear. Do not attempt any trail that you suspect is above your physical abilities. Understand how to use your equipment before you start.

Dress appropriately for the season. Wear proper footwear and bring layers of clothing to be able to adjust to changing weather conditions.

Pack essential items. Always carry extra food, water, insect repellent, sun block, flashlight, cell phone, map, first aid supplies, and extra clothing.

TRAIL MANAGERS

For more information on these trails and to download detailed trail maps, visit the following websites:

Hancock Land Company
1260 Poland Spring Road, Casco, ME 04015
(207) 627-7600 www.jugtownforest.com

Lake Region School District
900 Portland Road, Bridgton, ME 04009
(207) 647-3048 www.lakeregionschools.org

Lakes Environmental Association
230 Main Street, Bridgton, ME 04009
(207) 647-8580 www.mainealoes.org

Loon Echo Land Trust
8 Depot Street, Suite 4, Bridgton, ME 04009
(207) 647-4352 www.lelt.org

Maine Bureau of Parks & Lands/Sebago Lake State Park
11 Park Access Road, Casco, ME 04055
(207) 693-6231 www.parksandlands.com

Mountain Division Trail
www.mountaindivisiontrail.org

Portland Water District
225 Douglas Street, Portland, ME 04104
(207) 774-5961 www.pwd.org

Presumpscot Regional Land Trust
P.O. Box 33, Gorham, ME 04038
www.prtl.org www.sebagotofthesea.org

Tassel Top Park
(207) 310-0482 www.raymondmaine.org

Town of Sebago
406 Bridge Road, Sebago, ME 04029
(207) 787-2457 www.townofsebago.org

Town of Standish
175 Northeast Road, Standish, ME 04084
(207) 642-3461 www.standish.org

Windham Raymond School District
228 Windham Center Road, Windham, ME 04062
(207) 892-1800 www.windhamraymondschools.org

Windham Land Trust
P.O. Box 1622, Windham, ME 04062
www.thewindhamlandtrust.org

Windham Parks and Recreation
8 School Road, Windham, ME 04062
(207) 892-1905 www.windhamparksandrec.com



To find additional information about the trails featured in this map and guide—and elsewhere in Maine—visit:

www.MaineTrailFinder.com

