

PUBLIC HEALTH NOTICE TOWN OF RAYMOND

To help protect our residents and employees and to slow the spread of virus such as the COVID-19 (Coronavirus) and the seasonal flu, we ask that you follow the Center for Disease Control guidelines listed below:

COVID-10 and/or the seasonal flu may present with the following symptoms:

Cough

Fever

Shortness of breath

If you have these symptoms, or suspect that you might be exposed or infected, STAY AT HOME, CALL YOUR DOCTOR TO SEEK MEDICAL CARE.

DO NOT GO TO WORK, SCHOOL OR OTHER PUBLIC AREAS SUCH AS THE TOWN HALL, LIBRARY AND OTHER PUBLIC BUILDINGS TO HELP STOP SPREADING THE VIRUS.

If you are unable to come to the Town Hall due to illness, we encourage residents to utilize our online services! If you need other assistance, please call the Town Hall at 655-4742 on Tues 8:30 to 7:00 PM, Wed.- Fri. from 8:30 to 4:00. We will work with you to accommodate your needs as best as possible. At this time (3/13/20) official meetings of the Town Boards and Committees will continue as scheduled. Residents are encouraged to watch them online.

Please continue to be vigilant with your own personal health by following the recommendations and best practices from the CDC.

- **Wash hands frequently with soap and water for 20 seconds**
- **Stay home when you are sick.**
- **Cover your cough**
- **Clean and disinfect surfaces at home frequently.**

Stay connected! We will continue to monitor the situation and will post updates frequently.