Montanaro Open School/Retreat

Diabetes Awareness At Camp Sunshine

Shopping Can Benefit The PTA

National Denim Day

Baseball/Softball to Elect Officers

Tassel Top Wheel Chair

Raymond Lions Blood Drive

2001 Hunting Season Dates

The Recycling Bin

A Book Review

A Child?

Raymond Village Library News

Articles for the next edition of the Road Runner newsletter are due by October 15th. Please provide them by any of the following methods:

E-Mail; Diskette; Paper Articles should be saved in Rich Text Format (RTF) on a diskette or as e-mail attachments.

Send School Related Articles To:

norma.richard@raymondmaine.org
christian.elkington@raymondmaine.org

or drop at a Principal’s Office

Send Town related articles to:

elizabeth.cumming@raymondmaine.org
or drop at Town Hall

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In This Issue

Raymond Village Library News

2

Ever Considered Becoming A Mentor To A Child? 2

A Book Review 2

Founders Day Committee Meeting 2

The Recycling Bin 3

Letterboxes On The Loose! 3

Summer Trash/Recycling Ends 3

2001 Hunting Season Dates 3

TSS 800 Report 3

Raymond Lions Blood Drive 4

JSMS Full Athletic Rosters 4

Tassel Top Wheel Chair 5

JSMS Full 2001, Athletic Schedule 5

Home-School Coordinator 6

Baseball/Softball to Elect Officers. 6

Have You Placed Your Order? 6

National Denim Day 6

Shopping Can Benefit The PTA 6

Communities For Children Update 6

Anguilla School Supplies Drive 6

Mentoring Program 7

Raymond Rec Ski Program-Sign up 7

Raymond Recreation News 7

Diabetes Awareness At Camp Sunshine 8

Montanaro Open School Retreat 8

Road Runner Articles

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Times Have Changed

By: David Bois, Superintendent

As the events of recent days have demonstrated, times have changed. We live in a world where too few people can create an enormous amount of destruction and loss of life. Experience has shown us that schools are not immune to incidents of violence. This makes it important that schools have clear and functional plans to respond to emergency situations. Please be assured that our schools have such plans in place and that we continue to review and modify these as the need arises.

Without question, we must be prepared in the event serious incidents occur, but even more important is the need to establish a climate in our schools which will prevent such incidents from occurring. Creating a climate of trust is something we must work on each day. We must be clear in presenting to our students those core values which guide a civilized society. A few years ago we developed, in cooperation with the community, a set of these core values which serves as the foundation for all of our programs. So committed are we to these values that they are now engrained in the granite sculpture at the Raymond Elementary School.

On a very practical note, we should be reminded that a safe school environment is not one that is only safe from physical harm, but that is also safe from psychological and emotional harm. Students must be free from any harassing behavior, such as derogatory statements about another person’s gender, sexual orientation, physical appearance, ethnicity, religion, or disability. What were once considered tasteless or harmless comments made in the heat of the moment now can result in serious disciplinary action by the school and may even bring criminal prosecution. Students should be aware that their behavior is subject to more scrutiny than ever before and that the level of tolerance for inappropriate behavior is much lower.

Our staff, including all support personnel, will continue to expect the best from our students, and the majority of our students will give their best. Those students who do not see the value of good citizenship will, at the very least, experience no acceptance for such behavior.

Yes, times have changed, but not all for the worst. We now have the opportunity to face issues which have been ignored for far too long. We must be prepared, then, to do whatever is necessary to ensure that schools be safe places. We will continue to make every effort to provide an environment which promotes learning and good citizenship. We need to do this because we live in a world where a few people can create an enormous amount of destruction and loss of life. Experience has shown us that schools are not immune to incidents of violence. This makes it important that schools have clear and functional plans to respond to emergency situations. Please be assured that our schools have such plans in place and that we continue to review and modify these as the need arises.

Several of our students have serious food allergies, and we have put into place procedures to try to protect those children at school. Due to the prevalence of peanut butter allergies, last year we eliminated peanut butter and peanut products in our lunch program. We have recently established several “nut free” tables in the cafeteria to improve the lunch environment. We are also going to eliminate the snack box that has been so generously supported by the PTA over the past years. Many of these snacks have a peanut base, and we would prefer that children cut out the foods that parents send in to school. If your child has a known allergy to food or other products, please be sure that updated information is given to our school health aide. Vickie Clarke. We are very happy to work with families and their physicians to improve the quality of our students’ time here at the Raymond Elementary School.

Conservation Commission Receives Lake Conservation Award

By: Elizabeth Algeo

The Maine Congress of Lake Associations (COLA) invited the Raymond Conservation Commission to their annual meeting in June in order to recognize our town for our watered stewardship activities. Specifically, we were awarded the 2001 Lake Conservation Award for our “…exemplary efforts and dedicated service in preserving the Raymond Watershed, as well as Sebago Lake, the water supply for 190,000 residents of Greater Portland.”

COLA is a statewide network of individuals and lake associations devoted solely to the protection and preservation of Maine’s lakes and ponds. By promoting sound land-use practices and other activities that enhance water quality, COLA strives to preserve the ecological, economic, recreational, and aesthetic value of these water bodies. COLA also helps residents start local lake associations, disseminates scientific knowledge, develops educational opportunities, and participates in public hearings and legislative sessions related to lake quality issues.

This award recognizes the hard work of the many volunteers who helped us with the 1998 Raymond Pond watershed survey, the 1999 Crescent Lake survey, and the repair of the beach and boat ramp on Crescent Lake. Volunteers for the Raymond Waterways Protective Association are also recognized for their dedication to the long-term water quality monitoring carried out on most of Raymond’s lakes and ponds.

Our watershed protection work continues in Raymond. The Camden County Soil and Water Conservation District (CCSWCD) is directing a two and a half year, grant-funded Erosion Control Demonstration Project in the Raymond Pond and Crescent Lake watersheds. The Conservation Commission, town officials and, most importantly, watered residents have in the past, and we look to the community to become an active partner in fostering this climate.

Mentoring Program Set to Launch in October

With close to 20 prospective mentors applying to participate, the Raymond Mentoring Partnership is off to a strong start. Volunteer mentors, which are like Big Brothers/Sisters or Foster Grandparents, completed training at the end of September and will be matched with a child from the elementary or middle schools during October. If you would like to learn more about being a mentor or know a child who would benefit from a relationship with another caring adult, it’s not too late. RMP would benefit from a relationship with another caring adult, it’s not too late. RMP would benefit from a relationship with another caring adult, it’s not too late. RMP would benefit from a relationship with another caring adult, it’s not too late. RMP would benefit from a relationship with another caring adult, it’s not too late.

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Principal’s Report

By: Norma Richard

Safety for our children and our families is certainly weighing heavily on everyone’s mind after last month’s attacks. It is more important than ever to provide a safe environment and a sense of community for your children at the Raymond Elementary School. Our character education program, the use of “I Care” language throughout the school, and the wonderful interactions between students, staff, parents, and community all provide a safe net for children at school. We are further strengthening our own sense of community by starting each Friday with an all-school opening at 8:45 AM in the gym. What a wonderful way for us to end each week, singing together, celebrating birthdays and special events, and supporting the quality work of both students and staff.

In this issue:

Road Runner Staff:

Kevin Woodfrey
Laurie Forbes
Norma Richard

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Raymond Road Runner
A Raymond School District & Town of Raymond Publication
http://www.raymondmaine.org

Volume IV, Issue X
POSTAL CUSTOMER
OCTOBER, 2001
October 2001

Events and Meeting Schedule

**SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY**
---|---|---|---|---|---|---
1 | 2 | 3 | 4 | 5 | 6 | 
2 | 7:00PM TH | Selectmen | 12:30PM RE | Karate | 9:30PM VL | School Committee | 7:00PM TH | Planning Board |
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12 | 9:30AM VL | Baby Time | 10:00AM VL | Story Time | 7:00PM VL | Library Club |
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22 | 7:00PM TH | Founders Day Meeting |
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**November 2001**

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**Founders Day Committee Meeting**

Founders Day Committee will be meeting Mon, Oct 22nd, at 7 PM at the Town Office to review Founders Day 2001 and to lay the groundwork for Founders Day 2002. The early groundwork determines the success of the event. We need input from anyone interested. Everyone in town is invited to attend. FML Betty McDermott at 655-4646 or Bob Jones at 655-7163.
The Recycling Bin

Good news on the recycling front! We now have Recy- cling refrigerator magnets available at the town office. Slap one of these on the front of your fridge, and one quick glance will tell you what materials are acceptable for each recycling category. Just remember to keep each material separate in your bin.

August was our best month all year in terms of recycling tonnages - a total of 16.28 tons of material recycled curbside! This was a big relief because July was a bit disappointing, possibly because many full time residents were away, combined with fewer pick-up days within the month. Here's a graph of how we've done this year:

Let's see if we can keep this increase going in the follow- ing months. Remember, recycling not only makes good environmental sense; it is a vital part of helping a world of dwindling resources, and it also saves us money on trash tipping fees!

Letterboxers On The Loose!

By Debbie Blanchard

Recently, many letterboxers have been spotted looking for Letterboxes on the Lakes Region Letterbox Trail. Students from Mrs. Blanchard’s 4th grade class and Mrs. Spencer’s 3rd grade multi-age were seen at Sunset Variety where they got their stamp book and started off to collect stamps from their trucks. It is also requested that all trash be put in animal proof containers rather than leaving bags on the ground. Because of the hazard of handling broken glass, BBI cannot pickup any type of broken glass; instead please take it to the Lake Region Bulky Waste Facility in a solid container.

If a holiday falls on a Tuesday, trash/recycling pickup will be on Wednesday and Saturday’s will be on Thursday. If a holiday falls on Wednesday, trash/recycling pickup will be on Thursday and Tuesday’s will be on Tuesday as usual.

Trash/recycling will continue regardless of the weather. However, please know that if you put out paper type products (newspaper, magazines, paperboard, catalogues) they must be protected from the weather because they cannot be recycled if they get wet. It would be preferable to wait until a good day to put those products out for pickup.

If for some reason you have more than two 32 gallon contain- ers in a week, the Town Office will sell you trash bags for $1.00 each which covers the tipping fee on this extra trash. You may put out as many of these bags as you wish and they will be picked up.

2001 Hunting Season Dates

Crow July 16 - September 29
General Bear Hunting August 27 - November 24
Bear Hunting With Bait August 27 - September 22
Expanded Archery (Limited Area/Special License) September 8 - December 8
Bear Hunting With Dogs September 10 - October 26
Moose Permit Hunt WMD’s 1 and 2, 3, 5, 6, 11, 19 September 24 - September 29
WMD’s 1-14, 18, 19, 28, 29 September 8 - October 13
Special Archery (Statewide) September 27 - October 26
Rabbit (Cottontail & Snowshoe Hare) October 1 - March 31
Gray Squirrel October 1 - December 31
Pheasant*, Ruffed Grouse (Partridge) & Bobwhite Quail October 1 - December 31
Raccoon October 15 - December 31
Skunk & Opossum October 15 - December 31
Fox October 15 - February 28
Raccoon October 15 - December 31
Firearms (Maine Residents Only) November 26 - December 1
Firearms (All Hunters) December 1 - January 31
Muzzeloader (Statewide - All WMD’s) December 1 - January 31
Bobcat December 3 - December 8
Extended Muzzeloader Season in WMD’s 12, 13, 15, 16, 17, 18, 20, 21, 22, 23, 24, 25, 26, 30 January 1 - December 31
Woodchuck, Red Squirrel & Porcupine January 1 - December 31
Coyote Coyote November 26 - December 1
Crow Coyote December 1 - January 31
Turkey Permit Hunt December 3 - December 8
Spruce Grouse January 1 - December 31
Lynx May 1 - May 31

*In York and Cumberland Counties, a permit is required to hunt or possess pheasant.

Trail Guides for the Lakes Region Letterbox Trail can still purchased at Sunset Variety, Raymond Village Library, Ray- mond Town Hall, Main’s’ Pizza, Cry of the Loon and Black- smith Winery. Get yours while they last!
Troop 800 Report
By: Kyle Woodbrey, Troop Scribe

The Troop 800 Boy Scouts of America has just started its year, and it looks like it’s going to be superb. We’re going to a Fall Camporee in October, hiking with the Pack 800 Cub Scout Webelos in November, woods climbing in December, winter camp cabin in January, Klondike and ice fishing in February, submarine base tour in Groton, Connecticut, in March, Scout Skills Weekend in April, Spring Camporee in May, a weekend canoe trip and trip to Gettysburg, Pennsylvania in June, and summer camp in July. Anybody who wants to join to make friends, have a lot of fun, and learn good skills is welcome, meetings are held every Tuesday from 6:30 to 8:15.

Every month we have a theme. This month’s theme was working together as small groups and running the troop with only a little help from the adult Scout Masters, which is called the Patrol Method. We talked about junior leadership positions. Among these were Senior and assistant Senior patrol leaders, who run the troop; patrol and assistant patrol leaders, who run small groups called “patrols”; another is the Scribe, my job. I write about meetings and trips, take attendance, and collect dues and fees.

We go on a lot of interesting and challenging trips. The most recent trip was the Pleasant Mountain hike on September 14-15. We hiked to the top of Pleasant Mountain where we camped over night. Cody and Kyle on the Ledges Trail.

On the way up one of the scouts was carrying alfredo sauce and it leaked all over his bag (what a mess). On the way up the first thing we saw was a big clearcut, I thought it was awful because of the mess on the ground, and there was no forest around us. We took the Ledges trail up and down the mountain. When we got to the ledges we could see for miles. It was cool, and we could see several different lakes. Each scout was required to have food, a gallon of water, a sleeping bag, flashlight, and many other items.

On the way up the first thing we saw was a big clearcut, I thought it was awful because of the mess on the ground, and there was no forest around us. We took the Ledges trail up and down the mountain. When we got to the ledges we could see for miles. It was cool, and we could see several different lakes. Each scout was required to have food, a gallon of water, a sleeping bag, flashlight, and many other items.

Sunset was spectacular.

Going back down was much easier; our packs were about 8 pounds lighter, because most of the water and food was gone. It was an awesome trip and I hope we get to go again. Come and join and you can go on fun trips like this too.

To keep up to date on upcoming Troop 800 activities check out the Troop’s web pages on the Town’s website at http://www.raymondmaine.org which includes information and things that the Scouts have been up to. To contact by phone: Tom Wiley, Scoutmaster, 655-2048, or John Hanley, Troop Committee Chair, 998-5304.

Raymond Lions Blood Drive, Wednesday, October 3, 1:30 - 7:00 P.M.

The Raymond Lions Club invites you to give the gift of life. Blood Drive Chairman, Lion Phyllis Hawkes, has had the distinction of leading the Raymond Lions Club and area residents in the collection of a total of 596 pints of blood in the last four years.

There is a continued need for blood and blood products in Maine. The blood is separated into key components, making it possible for each donation to help as many as four hospital patients who may suffer from a variety of illnesses. For example, blood can be used to treat burn patients, accident victims and people needing surgery or cancer treatment.

The American Red Cross depends upon your generous support to supply Maine hospitals with needed blood components. It is with great dedication that Lion Phyllis has worked tirelessly over the past four years. If you get a call in the next couple of weeks from a Raymond Lion, please fit time into your busy schedule to come in and donate a pint of blood. You will receive the gratitude of the Lions and the Red Cross. You could be instrumental in saving the life of a child or an adult.

If you don’t get a call, you can stop in at the Jordan-Small Middle School on October 3rd between the hours of 1:30 and 7:00. You can do something that will help the Red Cross save lives and replenish the supply of needed blood.

Sunrise was quick but beautiful.

Some people learned about how much water to take and who is bringing tents, since when we got to the top a few items were missing.

Three groups cooked meals, two were groups of scouts and one was the adult leaders. Our group cooked beef tortellini, carrots, and green peppers for dinner. For breakfast we cooked scrambled eggs with bacon bits. Talking after dark was fun. Some scouts slept outside, or what they called “under the stars”. The sunset and the sunrise were beautiful from the summit.
Jordan-Small Middle School, Fall 2001, Athletic Schedule

JSMS is proud to announce that it has started playing interscholastic sports this fall! Over 60 students from our school are participating on our soccer and cross-country teams! Please find some time to catch one of our remaining athletic events!

**X-Country**
- Thurs. 10-4-01 @ Durham 4:00pm
- Sat. 10-13-01 @ Durham 9:00am

**Soccer**
- Mon. 10-1-01 @ Monmouth *
- Thurs. 10-4-01 vs. Sabattus *
- Tues. 10-9-01 @ Wales **
- Wed. 10-10-01 vs. Mech. Falls (girls only)
- Fri. 10-12-01 vs. Buckfield **
- Tues. 10-16-01 @ Minot **

*Girls play first  
**Boys play first  
(All soccer games start at 4:00pm)

Funds Donated Toward Tassel Top Wheel Chair

Raymond Lions President Dale Gilman is pictured making a donation of $400 to Bob Metz of the Raymond Tassel Top Committee. The promise of this donation was the spearhead in the fund raising project of the Tassel Top Committee. The check will be used toward the purchase of an all terrain wheel chair to be housed at the Tassel Top Snack Shack. The cost of the chair is upwards of $1,700 and is worth every penny. The chair will go on sand, wet or dry, as well as rocky uneven terrain. This chair can actually take a person into the water, and it will be available on a first come, first served basis. Any and all contributions will be accepted by the committee to help defray the rest of the cost of the chair. There are receptacles in several places in Raymond for your donations.

It is the hope of the Raymond Lions and the Tassel Top Committee that this chair will make it possible for people needing this kind of assistance to enjoy the beauty of the beach at Tassel Top and the water of Sebago Lake.

Jordan-Small Middle School girls soccer team.

<table>
<thead>
<tr>
<th>Boys Soccer</th>
<th>Girls Soccer</th>
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<tbody>
<tr>
<td>Cody Winde</td>
<td>Grace Keilt-Freyre</td>
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<td>Doug Renick</td>
<td>Amanda Evans</td>
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<td>George Chevarie</td>
<td>Kayla Taylor</td>
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<td>Trevor Saremi</td>
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<td>Andrew Miranda</td>
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<td>Jared Marciniuk</td>
<td>Ashley Daggett</td>
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<td>Logan Martyn-Fisher</td>
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<td>Roman Gosney</td>
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<td>Keegan Brown</td>
<td>Samantha Richards</td>
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<td>Elliot LaMurre</td>
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Jordan-Small Middle School boys soccer team.

Funds Donated Toward Tassel Top Wheel Chair

Raymond Lions President Dale Gilman is pictured making a donation of $400 to Bob Metz of the Raymond Tassel Top Committee. The promise of this donation was the spearhead in the fund raising project of the Tassel Top Committee. The check will be used toward the purchase of an all terrain wheel chair to be housed at the Tassel Top Snack Shack. The cost of the chair is upwards of $1,700 and is worth every penny. The chair will go on sand, wet or dry, as well as rocky uneven terrain. This chair can actually take a person into the water, and it will be available on a first come, first served basis. Any and all contributions will be accepted by the committee to help defray the rest of the cost of the chair. There are receptacles in several places in Raymond for your donations.

It is the hope of the Raymond Lions and the Tassel Top Committee that this chair will make it possible for people needing this kind of assistance to enjoy the beauty of the beach at Tassel Top and the water of Sebago Lake.
Meet Raymond’s New Home-School Coordinator

The Raymond School Department has a very special program in place that is much admired throughout the state. That program is the preschool program that seeks out and identifies all the preschool children in town, from birth to kindergarten, providing families and children support for healthy development and facilitating access to early intervention services. For many years Eileen Stiles has served the program as Home-School Coordinator/ Early Intervention Specialist. Now that Eileen has retired, Peggy Jensen is serving the program.

Peggy has broad experience as a teacher, counselor, case manager, and developmental evaluator. She has worked in schools, the Child Development Services system, and in private practice. Peggy is the parent of 2 grown children, both now in graduate schools, and is a long-time summer resident of Raymond. She has special affection for this very special place.

Parents of preschool children should feel free to contact Peggy for assistance with parenting, to talk about any concerns they may have about their children’s development — learning to speak clearly, to use language, to develop motor skills such as walking or writing, learning to get along with other children — or for assistance with finding resources in the area such as child care or other services.

Peggy is responsible for meeting the school’s obligation to identify children who may need special services, particularly 3- and 4-year olds. Services such as Speech and Language Therapy, Occupational Therapy (for problems with fine motor and sensory integration skills such as hand grasp and eye-hand coordination), Physical Therapy, and Developmental Therapy (for children with development delays in several areas) are available as part of the federal and state Special Education laws. These services are provided by the Child Development Services system, and Peggy can help parents and children access them. The process starts with a developmental screening. Please call to arrange a screening if you have any concerns about your child’s development.

Peggy will be visiting local preschools and child care sites to get to know the children before they enter school. In the winter she will be arranging to meet with parents of children who will enter kindergarten next fall to complete the developmental history and first step in the kindergarten screening process. Again, this is part of the effort to identify children with learning needs as early as possible. Early intervention works! Children who receive supportive services early often are able to move into school with great success. The Raymont School would like to help children get ready to learn, the better their school experiences will be. And the more we learn about the children who will be entering school each year, the better prepared we can be to give them the best possible first year. This is a program that makes everyone a winner!

Peggy will be available most Mondays, Tuesdays, and Thursdays, working from the Raymond Elementary School. She can be reached at 655-8672, ext. 108. Feel free to call with any questions.

Have You Placed Your Order?

The Innisbrook Wraps All-Star sale is winding down on October 1. We hope that Raymond families and friends have had the chance to purchase gift wrap and other products from this sale. We want to thank our students, staff, and parents in advance for their support of the Innisbrook fundraiser. Proceeds will support classroom activities, field trips, and special events.

Innisbrook schools can also order on the web 365 days of the year at www.innisbrook.com. The Raymond Schools’ customer # is 104999. Families and out of town friends can order and re-order over 150 Innisbrook products online all summer long! A great way to buy gifts and have them arrive in time for the new school year. Products will be delivered right to your door, and your child’s school will receive the 50% profit.

Raymond Schools Support National Denim Day

If you come to school on Thursday, October 4, and find that the staff looks a bit more casual than usual, it is because they are participating in Lee National Denim Day. Last year students and staff raised $721 to support the Susan G Komen Breast Cancer Foundation. This year the staff of the Raymond Elementary School and the Jordan Small Middle School again invite students to join them by donating $1.00 and wearing denim on October 4. All proceeds will benefit breast cancer research, education efforts, and screening and treatment projects in communities around the world.

Your Grocery Shopping Can Benefit The Raymond PTA

The Raymond PTA is asking Raymond families and friends to join us in several fundraisers that are easy and won’t cost you a thing! In fact, friends and family members from around the state can also participate and raise funds to support our PTA. The PTA will use these funds to support the Reflections Program, scholarships for graduating seniors, Jump for Hearts, the school libraries, field days, teacher breakfasts, and many other school events during the year. These things enrich our children’s learning environment and support our teachers.

MAKE YOUR SHOPPING COUNT WITH SHAW’S SUPERMARKET’S MAGNET PROGRAM

Shaw’s Rewards Card with Schoolpop, and 2% of all purchases will be donated to the Raymond PTA every time you use your card. Encourage family members throughout the state to participate. You can register by:

* buying online at www.schoolpop.com
* calling toll-free: 1-877-456-1032 (Mon.-Fri, 9am-9pm)

HANNAFORD & SHOP ’N SAVE HELP SCHOOLS

Now through November 24, Hannaford and Shop ’n Save Supermarkets will support local K - 12 school and reward their customers who purchase participating General Mills Products. This fall you can earn “School Dollar” coupons from the cashier when you purchase General Mills Products.

* Buy 3 General Mills Products = $2 School Dollars
* Buy 5 General Mills Products = $4 School Dollars
* Buy 8 General Mills Products = $6 School Dollars

BOXTOPS FOR EDUCATION

Our goal this year is to earn $1000 from the Boxtops for Education Program. Thank you to the students who collected boxtops over the summer and participated in the PTA ice cream party. Please continue collecting Boxtops for Education throughout the school year.

The best thing about all of these programs is that we can earn money for our school while shopping for groceries. We hope that you will participate and support the Raymond Schools and the Raymond PTA.

Communities For Children Update

Raymond Communities for Children - a group of parents, school personnel and interested community members - focused its efforts on two main endeavors last year: to start a mentoring program in our schools and to encourage communication and collaboration amongst town organizations through holding “Community Council” meetings.

CFC’s vision is a community that is supportive and safe for our youth. Our mission is to encourage partnerships that help our children develop in healthy ways and to create opportunities for people of all ages to connect and form relationships. As a partner in a statewide CFC organization, we have access to resources and training to help us meet these goals. We will continue our focus on mentor and the Community Council for this school year, but also would like to initiate work on the following ideas:

- Develop a resource that links Raymond high school students with community service opportunities here in town. While some students may need to fulfill a community service requirement, others may want to explore career possibilities.
- Support local youth group efforts to hold another Youth Day for our teens and other projects they would like to undertake.
- Promote community education about “asset-building” for youth; assets are positive experiences, values and competencies that help youth make healthy choices for themselves.

For more about Communities for Children and these projects, contact Lori Rand at 655-4277 or at lrand@ime.net

Anguilla School Supplies Drive

By: Christian Elkington, Principal

From Monday, Sep. 24th, through Friday Oct. 5th, Jordan- Small Middle School will be collecting school supplies for the Road Primary School on the island of Anguilla. Over the last several years many positive contacts have taken place with both students and teachers from this school. Many of you will recall that several students and staff visited us a few years ago. Just this past spring one of their teachers spent two weeks with us sharing his island’s culture. In support of our school goals in the area of Global Stewardship we will be collecting badly needed school supplies for the island’s students and school.

If you would like to help the younger learners of the Road Primary School, please contact our school. If you would like to help the students of JSM/SMS build a greater bond with these students in Anguilla by supplying them with badly needed school supplies, then please contact our school. Donations of supplies and or financial support will be gladly accepted!
Jordan-Small Middle School Principal’s Report

By: Christian Elkington, Principal

Renovation work continues to move forward while school is in session at JSMS. During the day and at night you will usually find construction workers at our school. Our kids and staff continue to take it all in stride as they work in their classrooms. New carpeting, locker installation and the plumbing for our 2 new Science Labs are the latest pieces, close to being completed. A revised completion schedule has us looking forward to the first week of November when all work should be completed.

It certainly gives us great pleasure to see almost 60 JSMS students participating in Soccer and X-Country this fall. This is by far the largest number of Raymond students involved in interscholastic athletics in many years! Special thanks go to our student athletes and coaches for putting on the blue and gold (student selected colors) and representing our community! We are fortunate to have so many of our kids competing and improving their skills in interscholastic play! If you have a free afternoon please come and support our Roadrunners!

Open House was held on Thursday, September 20th. It was well attended with over 120 parents participating. Introductions were first held in the JSMS gymnasium. Parents then moved between their child’s teachers to hear 20-minute presentations. Face to face communication is an important key in all of us working together on behalf of our students! Special thanks all that were able to attend.

Raymond Recreation Association News

The fall season is off to a busy start with our soccer program. See the action and support the teams at the Mill Street Fields on Saturday mornings.

NEXT MEETING
The Annual General Meeting will be on Thursday, October 18, at Jordan-Small Middle School at 7pm. Plans for winter sports will be announced. All interested members of the community are invited to attend. If you are interested in becoming an active member of the Board of Directors, please call Pat Smith at 655-4657.

FRIDAY SKI PROGRAM
Ski signups will be Wednesday, Nov. 14, 6:30-8:00 at the Jordan-Small School. This program is for students in grades 7-12. It is an 8-week program, beginning Dec. 28, and does run during vacation times. Costs (includes bus):
- Lift ticket $109
- Lift/ski rental $165
- Lift/snowboard rental $180

Lessons are also available from the mountain for a reduced rate. Payment must be made at signup to receive a voucher, and only one missed session will receive a voucher. There will be no signup after the second session. Questions? Call Peter Walgreen, 627-4504.

HOLIDAY FRUIT FUNDRAISER
Look for our annual citrus fruit sale to begin in early No-}

Mentoring Program

Continued from page 1
The Raymond Mentoring Partnership has received grant funding to create a program that is based in the schools. As we have developed the program, we’ve heard mentors express a desire for more flexibility in meeting times and places. We will continue to be a school-based program but also want to support mentors if they choose to participate in activities beyond school property with their child.

Prospective mentors must complete an application, an at-home interview, a series of background checks and initial training before a match with a child is possible. The minimum commitment to a mentoring relationship is meeting weekly with a child for at least an hour, participating in occasional group activities and attending ongoing training. Five to six hours a month would be a likely time investment.

The RMP office is located in the Raymond Elementary School. Please call Eileen Stiles or Lori Rand at 655-8672, ext. 107, for more information. Mentoring can change lives in wonderful ways.

Raymond Recreation

Wednesday Afternoon Ski Program—Sign up

Sign up night: Wed. November 14, 2001
From: 6:30 to 8:00 PM
At: Jordan-Small Middle School gym

Open to students 4th through 6th Grade. Seven-week program starts Wed. Jan. 2, 2002 through Wed. Feb. 13, 2002. Buses leave RES and JSMS at 12:30 PM on Wednesday afternoons and arrive back at JSMS at 5:00 PM

**Wed. ski program will run concurrently with the Middle school activity periods so 5th and 6th grades can participate.

Cost:
- Lift Only $89
- Lift/Ski rental $149
- Lift/Snowboard rental $159
- Helmet Rental $20

All Payment is due before Dec. 10, 2001. A bonus voucher will be issued for those who pay at sign up night. Call Kathy Anaka with questions 627-4748.

Raymond Recreation Friday Skiing

Ski signups will be Wednesday, November 14, 6:30-8:00 at the Jordan-Small School. This program is for students in grades 7-12. It is an 8-week program, beginning Dec. 28, and does run during vacation times.

Costs (includes bus):
- Lift ticket $109
- Lift/ski rental $165
- Lift/snowboard rental $180

Lessons are also available from the mountain for a reduced rate. Payment must be made at signup to receive extra voucher, and only one missed session will receive a voucher. There will be no signup after the second session. Questions? Call Peter Walgreen, 627-4504.

The fields at the Sheri Gagnon Park get a lot of use every week by Raymond Recreation.
USPS Participates In Diabetes Awareness At Camp Sunshine

By: Leanne Payeur

Camp Sunshine, a camp for seriously ill children and their families, hosted a week-long session devoted to diabetes recently. Children with diabetes and their families came to stay at the residential center during that week, along with medical professionals and camp volunteers. Some of those volunteers included employees of the United States Postal Service, who spend some of their vacation time as camp counselors or assisting staff with whatever needs to be done. USPS employees have volunteered at the camp every year since its inception. The Diabetes Week of events included support group meetings devoted to education and awareness but also featured lots of fun and respite for the children and their parents. This is the fifth year that Camp Sunshine, located in South Casco, Maine, has hosted a week-long session devoted to diabetes survivors and their families.

Diabetes is a chronic disease affecting over 16 million Americans, but over 5 million of those who have the disease aren’t even aware they have it. The Postal Service is helping to raise awareness about the serious health consequences of diabetes through the issuance of its new diabetes postage stamp, released in March of this year.

Thus, it was fitting that employees from the Postal Service came to Camp Sunshine during Diabetes Week, along with members of Southern Maine Home and Health Care. Together, employees from the two organizations presented t-shirts to the children at the camp who have diabetes. The shirts featured an image of the new USPS diabetes stamp and were co-sponsored by the two groups. USPS staff and representatives from Southern Maine Health and Home Care also gave stamp pins to the many siblings of diabetic children who attended. At Camp Sunshine, they use a family centered approach, respite is offered not only to the seriously ill children, but also to their parents and siblings.

“We want these young people to know that we care about them and that we’re here to support them,” said Jennifer Courtois, a Nurse Educator from SMH&HC; Audrey Johnson, LISPS Acting Marketing Manager; Greg Bove, a LISPS Mailing Specialist; and Kathy Rokowski, LISPS Retail Specialist. Bove was spending a week of his vacation as a nurse counselor, as the activities included variety of fun events such as swimming, craft projects, cook-outs, outdoor sports, and theatrical performances.

“It’s our hope that these t-shirts and pins help spread the word that people need to know about more diabetes, which can be a life threatening health problem,” explained Retail Specialist Kathy Rokowski, as she passed out stamp pins to a group of young people participating in creative projects. Courtois and Rokowski were instrumental in organizing the event where approximately an image of 51 children and stamp pins to their family members.

Diabetes is a chronic, genetically determined, debilitating disease affecting every organ system. It prevents the body from making insulin or from using insulin effectively. The seventh leading cause of death in America, diabetes - or complications from it - kills one person in this country every three minutes. About 200,000 Americans will die this year from complications from diabetes, according to the American Diabetes Association. Many people die or suffer life threatening health problems because they miss signs of diabetes are often missed or mistaken for something else. There is no cure for diabetes, but it can usually be managed with proper nutrition, exercise, and blood glucose monitoring if diagnosed correctly. Some types of diabetes can also be treated with insulin injections, or insulin pumps, and oral medications.

“There’s no better place to be,” said 13 year old Jake LeBlanc; 14 year old Gabe Berfield (holding up his insulin pump); 13 year old Bowdoin resident Ryan Clark; and LISPS Mailing Specialist Clerk Greg Bove. Bove was one of a group of LISPS volunteers spending their vacation time at Camp Sunshine during Diabetes Week.

When the children at Camp Sunshine during Diabetes Week ranged in age from two years old right up to eighteen. Many tried on their t-shirts as soon as they received them and ran off to show their parents. Most of the medical profession- als involved with diabetes who attended the camp that week were already aware of the new diabetes postage stamp and are already using it on their correspondence to help raise awareness about diabetes.

Diabetes is a leading cause of blindness, amputation, heart attack, stroke, and kidney failure. It accounts for more than 105 billion dollars of annual U.S. health care costs. One of every four Medicare dollars goes to pay for health care of people with diabetes.

Through the issuance of a diabetes postage stamp, the United States Postal Service continues its long tradition of raising public awareness of health and social issues. Featuring the phrase, “Know More About Diabetes”, the stamp’s design conveys the importance of diabetes awareness and early detection of the disease. The diabetes postage stamp is viewed as a powerful tool to help generate awareness of this disease and encourage people to know more about the disease’s symptoms and warning signs.