Raymond Rejçects County Tax Hike

By Heidi MacVane
Staff Writer, Lakes Region Suburban Weekly

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In a bold and unprecedented move, the Raymond Board of Selectmen unanimously voted Tuesday night against paying taxes to Cumberland County.

The "no confidence" motion was made by Selectman Michael Reynolds and seconded by Selectman Lonnie Taylor.

Raymond's tax bill from the county increased 5.8 percent to a total of $482,000 for the 2006 fiscal year. According to Town Manager Don Willard, county taxes were due Sept. 1. County officials, when contacted, were not sure the exact date the taxes were due.

"It is not a responsible action by the county, and we are letting them know we are not happy," said Selectman Joseph Bruno. "We, as a town, are trying to be fiscally responsible by keeping taxes low. Then the county comes in and passes a 5.8 percent increase for Raymond without giving us a choice. It just is not right."

Councilman Michael Reynolds, who also voted no on the Cumberland County budget last year, is concerned about why the increase is so high.

"The county built this $1.5 million communications center this year when they didn't even have towns signed up for the service yet," said Reynolds. "Our taxes to the county have increased for something that isn't being used."

The communication center Reynolds is referring to is the Cumberland County Regional Communications Center, currently under construction in Windham. The center was originally projected to cost $350,000. However, after the county had a survey done it was determined the center needed to be larger to operate effectively. The cost for the new building was $1.5 million.

County Manager Peter Crichton said the Raymond Selectmen have been misinformed if they believe that is the cause of the tax increase.

"That information is not accurate," said Crichton. "The communication center was built with money set aside in capital reserve and other accounts. Non-tax revenue was used to build that center. Raymond's taxes went up due to Raymond's increase in property value."

Bruno said the county is still over budget on the project and that it does affect each town in Cumberland County.

"The county is still $1 million over the original price," said Bruno. "That money could have been used somewhere else, and our taxes could have been lowered."

By law Raymond has 60 days to pay the county what it owes whether or not town officials agree with the hike.

"We know we have to pay," said Reynolds. "But at what point do you stand up and say something. We need to bring this issue to light."

Crichton said he is willing to talk with the selectmen about what can be done.

"I will certainly try to meet with them and find out what their concerns are," said Crichton.

Board members said they are looking forward to that meeting and hope the issue can be worked through.

"We are open to talking anytime," said Bruno.

Raymond Lions Sponsor

"Meet the Candidates" Night

Jordan-Small Middle School Cafeteria Monday, October 23, at 7pm

This will be your opportunity to ask any or all of the candidates questions and find out where they stand on the issues that are important to you, your family and your job.

We have confirmations from John Robinson and Lu Bauder, candidates for State Representative, and from Bill Diamond and Lani Kelly, candidates for State Senator, that they will be there and are willing to take the heat. We anticipate that the candidates for Cumberland County Commissioner will also be there.

The Lions strongly believe that the voters get the kind of government they deserve. An informed electorate will usually select the candidates that best reflect that voter's views. Please come. Please participate.

PLEASE PUT THIS ON YOUR CALENDAR!

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News From the Raymond Village Library
At a Glance

Wednesday, October 4 – Native American Traditions and Music Program, 7 pm at the library
Mondays, October 16 and 23 – Free Computer Workshop, 6:30-8:30 pm at RES
Wednesday, October 25 – Book Group, 7 pm at the library
Tuesday, October 31 – Halloween – Special Spooky Stories, 4:30 pm at the library

Native American Program
Lynn Osterberg will present a program on Native American traditions and music on Wednesday, October 4, at 7 pm at the library. Lynn, a descendant of the Ojibwa tribe, will tell us about Ojibwa and other Native American life and traditions. She will explain how native people were able to sustain themselves on small amounts of food. She will also introduce Frank Barber of Cherokee heritage. Frank will discuss corn and its importance in the lives of Native Americans. Both Lynn and Frank, along with other people of native heritage, will sing songs and play the drum. This was a very popular program originally offered in November 2004. It will be a real treat for the entire family.

Free Computer Workshop for Raymond Residents and School Employees
Beyond the Basics: a Microsoft Word Workshop for adults will be offered by the Raymond School Department in partnership with the Raymond Village Library. Doris Horne, Data Strategist, will facilitate this two-night workshop on Monday, October 16 and 23, 6:30-8:30 pm at the Raymond Elementary School computer lab. A similar workshop on Excel may be available in November. To register and to suggest workshop topic ideas, contact Doris at doris.horne@raymondcities.org or at 655-8666.

Book Group
The selected book for discussion in October is Joe Coover's "Pocketful of Names." The discussion will take place on October 25, at 7 pm at the library. All interested readers are invited to attend. For more information, call Jane at 655-5354.

Halloween
Before you go trick or treating in the village on Halloween, be sure to get into the spooky spirit by attending the special Halloween Stories event at the Raymond Village Library. It begins at 4:30 on Tuesday, October 31, and we have a very special guest storyteller, Deb Keef, librarian at Raymond Elementary School, to tell the creepy stories.

Death and Evil Spirits
Was this really what Halloween was all about?

It’s that time of year again! Cash registers across the country are singing as children pick out their new costumes for Halloween. Some go for their favorite cartoon character while others choose the ugliest mask on the rack. Their main objective, however, is the same: collect as much candy as possible. But where did this yearly tradition that created a multi-million dollar industry originate? The truth behind Halloween may be scarier than any ghost or goblin.

It all began in the year 5 B.C. with the ancient druids of Ireland. November 1st was seen as the beginning of the season of death - or better known to us as winter. The air became cold, and crops began to wither and die. October 31st was known as All Hallows’ Eve, the day before the transition. The druids believed the Lord of the Dead, Samhain, would rise on that day and awaken the spirits of the deceased from the present year to walk in our world. Their purpose was to cross into the world of the dead with help from their living relatives. Unfortunately, evil spirits were also awakened. In defense, the druids lit large fires and decorated their bodies by wearing frightening outfits and makeup to keep the evil spirits at a safe distance. By doing this, they kept the witches and goblins away long enough to help the spirits of their relatives move along.

The question still left to be asked is why do we ask for candy on Halloween? Well, amongst the good and evil spirits were the faeries. They were neither good nor evil. Door to door through the villages they went, disguising themselves as peasants begging for anything the villagers would give. If you gave them something, you would be rewarded. If not, the faeries would be visiting you at a later time with a vengeance. Hence, trick or treat?

Since Halloween originated in Europe, it was well into the 20th century before immigrants were able to influence their tradition amongst us. Anoka, Minnesota, was the first American city to celebrate Halloween in 1921. They held large costume parties that included carved-out pumpkins and giving out small gifts the entire night. It didn’t take long for the rest of the country to jump on the bandwagon. By 1926, most of the country celebrated All Hallows’ Eve, which soon enough was shortened to be called Halloween.

Although modern day All Hallows’ Eve has become more about business and getting candy, there is still one thing that remains true about this day. For some reason, we feel more tense being in the dark on this night than any other. We think we see shadows in the bushes or creepy voices in the wind. But is it our imagination that creates that fear? Or do the dead really rise that night and pass on to the other world? We may never know, but maybe it’s the mystery that makes Halloween the spookiest night of the year. This was written as a school assignment that required researching, writing and having it published. We hope you find it interesting as well.

October 2006

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Municipal News Brief
By Don Willard, Town Manager

The Raymond Board of Selectmen recently took the following actions:

Tuesday, September 5, 2006

1) Certificates of Recognition – Former Tassel Top Head Rangers Pete Klepsig and Michael Schwartz
Chairman of the Tassel Top Board of Directors Bob Metz and Chairman of the Board of Selectmen Mark Gendron awarded a certificate of recognition to past Head Ranger Pete Klepsig to recognize his service at Tassel Top Park, specifically his help in making the park handicap accessible with two beach wheelchairs and capital improvements including remodeled building interiors, snack shack and picnic areas. Also during the five years while the park was under Mr. Klepsig’s care, Tassel Top was able to return startup finances borrowed from the Town of Raymond and initiated computer bookkeeping and record management. Recognition was also awarded in the form of a certificate to past Head Ranger Mike Schwartz for his effort in initiating the program for honor student(s) which allows them a special Tassel Top pass.

2) Quit claim deed and municipal release – George Brown, Jr. property (Map 42, Lot 57) - Donna Lovely, Tax Collector
Mr. Brown has paid all delinquent property taxes, interest and costs. Release of the Town’s interest in the property located at Map 42, Lot 57 to him has been accomplished, as this account is now current.

3) Consideration of resignation from Lake Region Development Council (LRDC) Board of Directors – Chris van Haasteren

Mr. van Haasteren was Raymond’s designated representative to the LRDC Board of Directors. For some time he had been concerned about the overall direction of the LRDC with respect to its original stated mission of local business development. Recently Greater Bridgton Lake Region Chamber of Commerce Director Mike McClellan became the Chairman of the Board of Directors of LRDC. Mr. McClellan was present at this meeting and indicated that the LRDC has some very enthusiastic people on their board, and they would again like to help Raymond in addressing economic development services. Some of their priorities include forming a collaborative relationship with the Greater Portland Council of Governments and working on a regional zoning map of this area. More information and a mission statement for the LRDC will be forthcoming. The Town will advertise for a Raymond replacement to the LRDC Board.

Mr. Van Haasteren’s resignation was accepted with thanks for his service.

4) Presentation on Cumberland County Communications Center Services – Communications Director William Holmes

The Board of Selectmen received a presentation from Cumberland County Regional Communications Center Director William Holmes regarding the County’s new dispatch facility, located above the Emergency Management Agency bunker in Windham. Mr. Holmes provided an overview of the history and development of this facility including the advantages of participation for the local towns through a PowerPoint presentation. The center was built with the intention of providing services for the majority of Cumberland County communities, although only a few currently utilize this facility. The principal advantage of utilization of the Cumberland County facility would be a reduction in annual expense due to an assessment of $5.01 per capita, in addition to local funding already supporting the facility through county taxes. Selectmen were very concerned that the town secure financial guarantees that would ensure favorable costs moving forward should the town decide to switch from local dispatching to the Regional Cumberland County Center. Several representatives of the Cumberland County Regional Communications Center Board of Trustees attended the meeting and spoke favorably regarding their experiences with the center. The Board of Selectmen are presently investigating the long-term cost savings and service provision option for the Town of Raymond. Other alternatives include maintaining the current dispatch center, combining dispatch operations with one or more neighboring communities, or working to provide dispatch services through the Maine State Police. It is expected that additional studies will be undertaken before any final decisions are made with respect to the future direction of Raymond Public Safety Dispatch.

Contract Assessor Mike O’Donnell presented several abatements for the consideration of the Board of Selectmen. Mr. O’Donnell indicated that his goal is to have all abatements processed before the tax commitment deadline.

6) One Raymond Community Update – Mark Gendron & Dana Desjardins, Co-Chairs
Co-Chair Dana Desjardins announced that the next meeting would be September 12th at the Jordan-Small Middle School cafeteria beginning at 6:30pm. He encouraged the public to attend. At this meeting there will be discussion of the on-going space needs assessment of the Town Office. Also to be discussed will be the issues of combining town and school insurance for the purpose of bidding, outsourcing payroll administration, and combining any other contracts for services.

8) Old unfinished business
a) none

9) Town Manager Report & Communications
a) Mr. Willard reported that the Tax Acquired Property list would be updated shortly.

b) Mr. Willard announced that he would be attending the ICMA conference from September 10th to September 13th, returning to the office on September 14th.


Tuesday, September 19, 2006

1) Consideration of new road names – Jack Cooper, Code Enforcement Officer
i. Shep’s Way off Rt. 85 near Davis Farm Road
ii. Hall’s Way off Mamaw’s Grove off Raymond Hill Road
iii. Berry Cove which is now called Litchfield Road off Rt. 85 near Plains Road

The Board of Selectmen unanimously approved the outlined new road names presented by the Code Enforcement Officer.

2) Consideration of recycling tote purchases and future adjustment to Recycling Committee budget – Phil Hammett, Recycling Committee Chairman

Recycling Committee Chairman Phil Hammett outlined the need to purchase another order of recycling totes in order to satisfy demand from new Raymond residents.

A minimum order of 220 totes at $6.50 per unit, with a freight cost of $220. The Board of Selectmen tabled a decision on this agenda item pending receipt of additional information. Selectman Lonnie Taylor will be exploring the possibility of obtaining used totes, which can be distributed to residents without charge. If this is not possible, Town Staff was directed to explore the possibility of the local hardware store purchasing reselling totes that are acceptable to the Raymond Recycling Program. As a final alternative the Board of Selectmen will consider purchasing totes and making them available to Raymond residents based on a charge system to be determined at a later date. It is expected that this item will be considered once again at the Tuesday, October 3rd, Board of Selectmen meeting.


Mr. O’Donnell has been busy processing abatements as quickly as possible, pending the establishment of the Town’s 2006-2007 fiscal year tax rate. No abatements were ready for action at this meeting but it is expected that the remaining applications will be considered in the very near future.

4) One Raymond Community Update – Mark Gendron & Dana Desjardins, Co-Chairs
The One Raymond Community met on September 12th and began the meeting with a tour of the Jordan-Small Middle School. The exterior of the buildings are generally in good shape with the exception of the gym roof which needs some paint and the garage building which needs repairs or replacement because of rot. The interior of the school is clean but has some items that need work because of general use.

In relation to subdivisions being built in Raymond, the One Raymond Community would like to know if the Selectmen wish to research impact fees for Raymond. Some other nearby towns charge impact fees to developers to assist the town in keeping up with the inevitable costs that arise from these developments. Impact fees would also help preserve the town’s rural character by providing funds to protect or improve the town. This initiative would be compliant with goals contained within the Comprehensive Plan and be implemented through an ordinance. The CPC is already looking into this as a part of the Planning Board ordinance revision process. CPC will present this at an informational meeting with the Selectmen at the October 17th meeting.

5) Old (unfinished) business.

a) none

6) Town Manager Report and Communications.

a) Maine GrowSmart program offer

The Town Manager outlined an offer for Raymond to participate in the Maine GrowSmart model town project. An initiative of the non-profit Maine GrowSmart organization is to help Maine communities grow while maintaining their local character. It was decided, despite advantages of this program, that Raymond was well on the way to accomplishing the outlined goals and would likely receive little benefit from this program. For this reason the Town of Raymond will not be applying for program consideration.

b) The Town Manager informed the Board of Selectmen that there will be a tri-town/community meeting between the communities of Raymond, Windham and Gray, and Cumberland County on Tuesday, September 26th, at the Windham Town Council chambers. This meeting will be an opportunity to share issues of concern between the communities and county government.

c) Selectman Joe Bruno briefed the Selectmen on his first Maine Municipal Association legislative policy committee meeting. He was disappointed to learn that many of the positions regarding legislative initiatives seemed to be decided in advance. Mr. Bruno will make every effort at future meetings to open substantive debate on policy issues affecting Maine communities.

7) Fiscal Warrants – Approved payroll and appropriation warrants dated September 19, 2006.

All Raymond meetings are public and citizens are encouraged to attend. You may also watch rebroadcasts of municipal meetings on Public Access Channel 2, which is the Government channel. Channel 3 is the Education/School channel. A program listing is available on-line at www.raymondmaine.org.
Principal’s Report for RES
by Norma Richard

I have been so very pleased with the start of this new school year. Students have done a wonderful job adjusting to the many routines and procedures that are part of coming back to school. I am especially proud of our kindergarten children. In just a short weeks they have become an important part of our school, and the day would not be the same without seeing the Cottontails, Frogs, Ladybugs and Teddy Bears happily at work in our classrooms. I want to extend a special thank you to our kindergarten teachers, Mrs. Allen, Mrs. Gillis, Ms. O’Donnell and Mr. Seymour, for their hard work and unending energy during this first month of school. When you consider that absolutely everything in kindergarten needs to be taught for the very first time, from walking into the building to getting lunch, then you can appreciate these teachers’ efforts.

Parents Night was held on September 12, and I was so pleased with the outstanding attendance. This annual event is an opportunity for parents and teachers to meet and strengthen that very important partnership between home and school. It was also great to have so many community resources, including the Raymond PTA, Raymond Village Library, Mentoring program and Girl Scouts, share information about vital community resources with our parents on that evening. We are so fortunate to have such a rich pool of resources in our school and community to help meet the needs of children and families. It is a pleasure to work cooperatively with parents and these community organizations.

We would like to thank parents for wading through the volumes of paperwork sent home during the first month of school, and for updating and returning forms to the office. Please be sure to keep us updated on any changes to health, home, or work information throughout the school year so that our records are accurate.

Our first Parent-Teacher conference is scheduled for Monday, October 30. This date is mid-way through the first trimester and will give parents the chance to talk with their child’s teacher about the transition to school, work and behavior expectations, and any academic or social issues that their child may be experiencing. This year the district is moving to student-led conferences. Many teachers have included students in discussions with parents in the past, allowing them the opportunity to share goals and talk about their learning at the fall and spring conferences. Our goal is to involve all of our students in discussions about learning before the end of the year with their parent(s) and teacher. I look forward to the many possibilities in meeting this goal at our March conferences.

In closing, students are delighted that Halloween will soon be here. Teachers are less than thrilled to have Halloween fall on a Tuesday night, knowing that Wednesday (and possibly Thursday) will be hard days for students. Please help your child by monitoring candy consumption before school and by keeping Halloween candy and other treats home. Our staff thanks you in advance!

2006 Property Tax and Rent Refund Application
Rep. John C Robinson

I would like to remind residents that applications for the 2006 Property Tax and Rent Refund Program are now available. Maine Revenue Services generally sends out application forms to any one who filed for the previous year’s program; however, applications are also available at the local town office, library, Area Agency on Aging and Community Action Program offices. One can also request an application from Maine Revenue Services by calling 624-7894. For additional information and answers to commonly asked questions, log on to the website at http://www.maine.gov/revenue/taxrefl/tnr.htm.

Over 200,000 Maine households qualify for a partial refund of property tax assessed and/or rent paid in 2005. The maximum refund available is $2,000.

You may qualify for a refund if:

- You do not have a spouse and you and your 2005 household income was $77,000 or less
- You have a spouse and you and your 2005 household income was $102,000 or less
- Your 2005 property tax was more than 4% of your 2005 household income; or
- The rent you paid in 2005 was more than 20% of your 2005 household income.

It is important to note that seniors do not need to meet this requirement when their household income is below $12,700 for those living alone or below $15,700 for those living with a spouse or dependent. Please refer to the application booklet for more information on who qualifies for the senior portion of the program.


Still Needed...

Mentors for youth grades K-8 in Raymond schools

What is mentoring?

- It’s a caring, consistent long-term relationship between a younger person and an older one.

Qualifications:

- Can be high school age through 65+
- Reliable good listener positive role model supportive encouraging good sense of humor
- Like to have fun

Commitment: 1 hour per week during the school year

The Raymond Mentoring Partnership has over 15 students currently on a waiting list for mentors. We need both men and women to come and make a difference in these students’ lives. An hour a week is all it takes to help students increase their self-esteem, confidence, social skills, academic success, and positive connection to our community.

We need you! For more information, please call Christina Lamarre or Candace Woolston at 655-8672 ext. 107, e-mail us at mentor@raymonddaine.org, or visit us at our Raymond Elementary School office Monday, Tuesday & Thursday mornings.

Public Access Computer in Town Office

The Town of Raymond has installed a public access computer in the research map area of the Town Office. Some of the things that are accessible through this recycled computer are: the town website (including ordinances, tax maps, zoning requirements), the Vision Assessing Database, the Cumberland County Deed search function, and the Bureau of Motor Vehicles Rapid Renewal.

Next time you’re in the Town Office, pop around the corner to check out this new addition. We’re excited about being able to offer this option to our residents who don’t own computers or even to our residents who do but who like to check out something on-line while visiting the Town Office.

Raymond Schools Support National Denim Day

If you come to school on Friday, October 6, and find that the staffs look a bit more casual than usual, it is because they are participating in Lee National Denim Day. Last year students and staff raised over $700 to support breast cancer research. This year the staffs at the Raymond Elementary School and the Jordan-Small Middle School again invite students to join them by donating $1 and wearing denim (and possibly a bit of pink) on October 6. All proceeds will benefit breast cancer research, education efforts, and screening and treatment projects in communities around the world.

Julie Orsini Memorial Scholarship

Julie Orsini was a very dedicated member of the Raymond PTA, as well as a treasured colleague to many of us at Raymond Elementary School. After she passed away, we discussed how we could best pay tribute to Julie’s incredible dedication and effort to the students of Raymond. Her enthusiasm, humor and understanding brought joy to all who knew her. We have decided that we would like to honor Julie’s memory with a special PTA scholarship.

As background, the PTA gives two $1000 college scholarships every year to students who meet specific criteria in terms of community involvement, academics, quality and content of an essay, and personal recommendations. We have often felt that we were missing students who showed real promise and had a definite financial need, but for various reasons were unlikely to compete with the very top students on the basis of our criteria. We decided to create a special $1000 scholarship to provide financial support to a needy student who might not meet the above-mentioned requirements, but who had overcome significant barriers in his/her personal life and had sought to further their education. We have dedicated this special scholarship grant to Julie’s memory; we believe it would have been a cause she would have supported and of which she would have been proud.
Trash Barrel Stickers Required in November

Beginning in November, all residents will be required to put their trash bags in solid trash barrels, lids are optional. Any trash bags left on the ground will not be picked up. Barrels must also have a town sticker on each barrel, which can be acquired free of charge at the Town Office. Each household will be allowed two (2) 32-gallon trash barrels per week for collection, which will be strictly enforced. This has long been the town’s contractual limit for roadside pickup in Casco. All trash must be secured in plastic bags in the barrels. Raymond does not have a location where you can take your household trash; it must be picked up curbside. If you have more than the two 32-gallon barrels, bag stickers can be purchased at the Town Office for $1 for each bag of overage. The trash held by the bags with overage stickers must also be put in a solid barrel; however, that barrel does not need a town sticker.

If you have any questions, please contact Louise Lester, Town Clerk, at 655-4742 ext. 21, or e-mail: l杰出.lester@raymondmaine.org.

Most materials that are not considered household trash can be taken to the Lake Region Bulk Waste Facility in Casco. Vehicle stickers can be picked up at the Town Office at no charge. Annually, coupons for the barrels are available at the Town Office for $5. Bulk waste disposal questions can be answered at the Town Office, 655-4742 ext. 21, or at the Facility, 627-7585.

Checking Partisanship at the Door

By Senator Bill Diamond

Most observers agree that the past legislative session provided many successes for the business community in Maine. This can be attributed to the efforts and coopera- tion that came from both sides of the political isle. The Maine State Chamber of Commerce described the results of this past year’s legislative session as a “…positive year for businesses…” Whether the focus was on ways to improve our economy or seeking ways to lower taxes, checking partisanship at the door always works best.

The bipartisan achievements resulted in the passing of the supplemental budget in March, with both political parties hailing the accomplishment. You have to remember that this was done during a political year when, at the legislative level, the governor’s race tends to dominate and politicize almost everything.

One such accomplishment was the restructuring of the Business Equipment Tax Reimbursement program (BETR). Starting in 2007, business equipment for most businesses will be exempt from local property taxes. This will not do- be an incentive for businesses to expand and provide more jobs, thus helping our economy to grow. The BETR program has been quite controversial over the past few years, and thanks to the determination of both political parties, the much-needed change has been made.

One example of a business benefiting from the BETR change would be Fairchild, which is located in South Portland. They were ready to expand their business, which meant purchasing highly technical and expensive equipment. Some of their “tools” cost $1 million each, and having to pay property taxes on equipment valued so high would be prohibitive, resulting in their business decision not to expand and therefore no new jobs. When businesses provide jobs which pay well and provide excellent benefits, including health care and retirement packages, then expansion helps everyone.

Other areas of accomplishment realized in the last legislative session that were designed to expand our economy included supporting commercial fishing, waterfront businesses and other areas of accomplishment realized in the last legislative session that were designed to expand our economy included supporting commercial fishing, waterfront businesses and other areas of accomplishment realized in the last legislative session that were designed to expand our economy included supporting commercial fishing, waterfront businesses and other areas of accomplishment realized in the last legislative session that were designed to expand our economy included supporting commercial fishing, waterfront businesses and other areas of accomplishment realized in the last legislative session that were designed to expand our economy included supporting commercial fishing, waterfront businesses and other areas of accomplishment realized in the last legislative session that were designed to expand our economy included supporting commercial fishing, waterfront businesses and other areas of accomplishment realized in the last legislative session that were designed to expand our economy included supporting commercial fishing, waterfront businesses and other areas of accomplishment realized in the last legislative session that were designed to expand our economy included supporting commercial fishing, waterfront businesses and other.

Principal’s Report for JSMS

By Randy Crockett, Interim Principal

The 2006-2007 school year is off to a good start at Jordan-Elbridge Middle School. In this article I will provide a few updates and share some thoughts relative to adolescent and teenage issues.

A big thank you goes out to Paul Godwin, our transporta- tion supervisor, and Dale Burnell, J.E.M.S.S. custodian, for their assistance and professionalism in dealing with the accident that occurred on November 19, 2006. Their experience in problem-solving skills kept a difficult situation from getting worse and minimized the disruption to the bus schedule. Fortunately, no one was injured in this accident.

One of the main goals of middle level education is to help prepare students for the challenges of high school. One example of this goal is the “High 5” program started on September 27, 2006. The main idea of this reward program is to “catch kids being good” by offering incentives and reinforcement to those who fol- low the five basic school rules on a daily basis. This fall the focus of the new advisory program is to prepare the students for parent conferences on October 30th. Both the High 5 program and advisory groups are integral components in meeting this goal.

Technology skills are another major area of focus at J.E.M.S.S. All grade 7 & 8 students in the state of Maine have been provided with new laptops and upgraded software this year. Our fifth and sixth graders have increased access to technol- ogy through the rolling laptop labs. It is our goal to integrate technology into every aspect of curriculum where it can be an asset to instruction. The students’ skills and knowledge related to computers increase rapidly during the four years they are at the middle school. With these new abilities come increased risks.

The September issue of U.S. News and World Report magazine has some excellent information for parents on internet use as it relates to middle school age children. Our school access to the internet has many safeguards that block questionable sites. Unfortunately, most of us do not have the same level of security on our home computers. Two key points in the U.S. News article raised my level of awareness of the risk to our students. Adolescents and teens do not always realize that the information they enter on sites such as MySpace can lead internet predators right to them. Their interest in socializing using the internet often clouds their ability to consider the consequences. Secondly, Internet communication for young adults and teenagers has somewhat replaced phone calls and “hanging out” as a way to connect with friends. The U.S. News article suggests that parents ask their child if they have an on-line. Parents should then remove any identifying details such as last name, school name, or a picture that could lead someone to their location.

Student safety is always a priority in the Raymond schools. Just as we try to provide the highest level of physical se- curity, we hope to work in partnership with parents and guardians to foster practices that help students feel emo- tionally safe.

Animal Control Report

August-September

8/14 Dog chasing neighbors
8/16-30 Delinquent dog licensing inquiry
8/16 Dog in yard
8/21 Two dogs missing
8/22 Two dogs running at large
8/22 Information on bats
8/24 Dog barking - written warning
8/25 Cat missing
8/26 Stray cat - picked up
8/26 Stray cat - took to Animal Refuge League
8/26 Dog on beach
8/26 Dog at large
8/26 Pick up and relocate bat
8/31 Trapped woodchuck - delivered to IF&W warden
8/31 Dog barking - gone on arrival
9/1 Dead fox in road - called IF&W warden
9/1 Stray cat - picked up at veterinarian
9/1 Stray cat - took to Animal Refuge League
9/2 Stray cat - picked up at veterinarian
9/3 Stray cat - took to Animal Refuge League
9/4 Picked up dog for Cumberland County Sheriff’s Department
9/5 Dog to Animal Refuge League
9/5 Dog at large - picked up
9/7 Check on dog
9/7 Picked up dog in car
9/8 Two calls about kitsens - civil problem
9/8 Stray dog - owner picked up
9/10 Conversation about stray dog
9/10 Conversation with person with a lost dog
9/10 Banking dogs - verbal warning
9/12 Dogs at large - covered by Casco Sheriff’s Department
9/12 Information on civil matter
9/12 Picked up stray cat
9/13 Stray cat - delivered to Animal Refuge League
9/13 Complaint of a strange acting squirrel
9/14 Dog at large
9/15 Dogs tangled and barking
9/16 Maintenance of equipment
9/18 Stray dog at school
9/19 Cow in the road

Halloween Candy Donation

Once again the Raymond Village Library will be collect- ing and distributing Halloween candy to the Village residents who participate in Trick or Treat. More than 400 children visit the Village area of Raymond on Hal- loween and it presents a financial challenge for those residents who would like to give out candy. Donations of candy are greatly appreciated and the Library will help distribute them to the residents.

Candy can be dropped off at the library during regular library hours:

Monday, Wednesday, Sunday 10am to 7pm

Thanks for your generosity!

Congratulations!

Joseph Thomas Robinson was born Se 19th at 5:25am to John and Tasha Robinson of Cranberry Pond Road in Raymond. He was 7lbs 11oz and 21½ inches long.

If you have a Raymond birth announcement you would like to share, send an e-mail to: roadrunner@raymondmaine.org or mail to: Raymond Road Runner, 401 Webb’s Mills Road, Raymond, ME 04071.
Public Notice
SAPPI PAPER COMPANY

The following was taken in part from a notice from Sappi dated September 19, 2006.

“Sappi Fine Paper North America announced today that this fall the level of Sebago Lake will be lowered approximately two and one half feet from the current level, as required by the Sebago Lake Level Management Plan. Sappi operates the Eel Weir Dam which controls the outlet of Sebago Lake.

“Sappi will begin lowering the lake level in October and plans to have the lake at the required level by the end of November. The Sebago Lake Level Management Plan requires that the lake reach this low level occasionally (which is one and one half feet below the normal fall levels) to promote restoration of beaches.

“Sappi asks boaters who utilize Sebago Lake marinas to contact their marina to ensure their boats will be removed prior to the low level being reached. If boat owners do not take action, it is possible that some larger boats will be stranded on the lake.

“The Sebago Lake Level Management Plan is a compromise between State of Maine agencies (IF&W, DEP and DOC), stakeholder groups (including the Friends of Sebago Lake, Sebago Lake Landowners and Users Coalition and others), Portland Water District, and Sappi, and is part of the Eel Weir Dam’s operating license from the Federal Energy Regulatory Commission.”

Fire Safety Month in October
Each October, the students at the Raymond Elementary School participate in lessons that focus on the importance of fire safety. Families can support these important lessons at home in the following ways.
- Be sure that you have working smoke detectors on each floor in your home.
- If there is a fire, have all family members go to a family meeting place that is outside of the home.
- Write a plan with your children of two ways to exit the home in case of a fire.
- Practice, practice, practice your plan.

We hope that Sparky will be able to visit RES students and help with Fire Prevention activities. We want to thank the Raymond Fire Department for their outstanding support of the Raymond Elementary School in teaching fire safety to our students. These are life-saving skills, and we appreciate the Fire Department’s help and support.

Liver Transplant Fundraiser for Local Child Takes Place October 14th.

AUGUSTA - State Reps. John Robinson and Rich Cebra would like to remind area residents about a fundraiser for Elijah Strom, a local toddler suffering from a rare liver disease known as biliary atresia.

The event will take place October 14th, beginning at 12 noon, at the American Legion Hall on Route 11 in Naples. There will be a buffet lunch, an auction of goods and services provided by area businesses, and live music featuring the Blue Willow Band and jazz guitarist Gary Wittner. Admission is $10.

The proceeds will help cover the costs for Elijah and his parents, Evan Strom and Neisha Theriault, to travel to and stay in Boston when Elijah goes there for a transplant. Donations may be made directly to the Elijah Strom Liver Fund, care of Maine Bank and Trust, 780 Roosevelt Trail, Windham, ME 04062

Senior Citizens Supper
Wednesday, October 18th,
at the Jordan-Small Middle School Cafeteria
Supper begins at 5:30pm
Menu:
Beef Stew - Tossed Salad
Bread Sticks - Dessert

The Raymond Road Runner announces important changes to their ski & snowboard program.

The school programs for Raymond Elementary School and Jordan-Small Middle School will both be on Wednesdays this year!

RES students will leave the school at 12:30PM and return at 5PM.
JSMS students will leave at 2PM and return at 6:45PM. Participation is open to all grades. Grades 1-2 must have a parent attending the program. Grade 8 will attend Friday nights unless space becomes available in the Wednesday program.

Sign-ups will be Wednesday, November 8th, from 6-8PM at the JSMS Gym. We need volunteers to sign up that night as well. You don’t need to ski to be a volunteer!

RES Program Director – Beth Clark, 627-8771
JSMS Program Director – Brenda Olsen, 655-4670
JSMS Asst. Program Director – Lori Dibiase, 655-6706

Please forward your letters of interest including a short resume to Louise Lester, Town Clerk, 401 Webb’s Mills Road, Raymond, ME 04071 or e-mail louise.letcher@raymonddmaine.org. A volunteer application is also available on our website www.raymonddmaine.org which will be automatically forwarded to Mrs. Lester.

Please Join Us
For a delicious meal
Friday, October 6, from 4:30-6pm
Food will be continuously served, so please come anytime!
Christ Chapel - 37 Northern Pines Road
Off of Route 85 near Crescent Lake in Raymond

The meal will consist of:
Our Annual Harvest Meal
Roasted Turkey with all the fixings!
(A sugar-free dessert will be provided for those with dietary restrictions.)
Cold drinks, Coffee & Tea

This meal is open to the surrounding communities and is free of charge.
All ages are encouraged to attend!
Please call 655-5058, if you have any questions.
Ask for Jennifer or leave a message, and she will return your call.

We look forward to seeing you there!
Don’t Throw Money Away

The PTA had a wonderful year last year supporting the schools. We were able to do the valuable work we do because of the fundraising support we get from our parents and community members. Not all of our fundraisers involve spending MORE money. Some are simple and there is NO ADDITIONAL COST TO YOU!

1. The Box Tops for Education program raised over $1500 last year! Please look for these logos on the food you buy. Each one is worth ten cents. If you have some, cut them out and drop them off at the schools, the library or the town hall. Every box top helps our schools! Product lists will be available at the drop-off locations.

2. Hannaford Supermarkets support local schools with a fund raising program called Hannaford Helps Schools. Customers are awarded “school dollars” based on their purchases of participating products. Last year we earned $1876.

3. We are recycling empty printer cartridges (both ink jet and laser). This year we earned just under $1000 with your help. The only cartridges we CANNOT take are EPSON ink jet cartridges and toner cartridges. We take all others. Each empty ink jet cartridge is worth $2 to the school! Laser cartridges are worth from $1 to $12 EACH!!! Not only do we earn money, but we are recycling too! You have an empty cartridge, drop it off at either school. The drop boxes are located inside the schools.

4. The Innisbrook fundraiser at the Raymond Elementary School has always been very successful and will continue at RES again this year. QSP will be the major fundraiser this fall at the Jordan-Small Middle School. In addition to sending information home with students, brochures will be available at the schools, town hall and town library if anyone is interested in ordering. Check out the wonderful wrapping paper and gifts to be delivered in time for the holidays.

5. Finally, there are the Scholastic Book Fairs scheduled at RES. There are always quality children’s books at great very good prices. Look for announcements in future Road Runners. Thank you to all of you who support our fundraisers each and every year. You have been able to help send kids to college, provide needed supplies, support field trips and much more. If you have any questions about any of these programs, or would like to assist with these efforts, please do not hesitate to contact me: Deb Cutten, PTA President (pta@raymondmaine.org)

Our next scheduled meeting is October 10th at 6:30 in the RES library. We hope to see you there!

PUMPKINS FOR UNICEF

All adults and children in the community are invited to participate!

Raymond Village Pumpkin Display
Bring a carved pumpkin and one dollar to
Raymond Village Community Church
Your carved pumpkin will be lit and displayed Halloween night.
Drop off pumpkins at the Raymond Village Church on Saturday, October 28th, from 10am-2pm or Sunday, October 29th, from 9:30-11:30am
All proceeds to benefit UNICEF

New Voting Machine for Visually Impaired

The Secretary of State’s Department of Elections has provided a phone designed to allow visually impaired individuals to vote unassisted. This machine will read the ballot to those who wish to use it, and voting will be done on a keypad so that voters who can’t read well can vote unassisted. The machine will then deliver a paper ballot, which is printed with the choices and will be put in the ballot box by the voter.

Each town in Maine has been given one of these new voting machines under the federal legislation commonly known as the Help America Vote Act or HAVA. If anyone wishes to vote by this machine, they are welcomed.

Raymond Youths Win Summer Camp Recognition Awards

Local residents Ella Ashton, daughter of Donald and Kerri Ashton, and Sibyl Cunningham, daughter of Doug and Laura Jo Cunningham, joined the ranks of distinction this summer when they received accolades for their accomplishments at Kingsley Pines, an internationally recognized co-ed children’s camp in Raymond, Maine.

Ella Ashton earned a Pathfinder Award, and Sibyl Cunningham earned a Guide Award for meeting specific requirements and skill levels in 8 and 10 different activities, respectively, including arts, theater, sports, outdoor adventure, and water activities. Additional requirements for Guides include participating in a trip such as hiking, mountain biking, canoeing, or sea kayaking as well as overnight camping. Pathfinder and Guide recipients are honored for their focus, dedication, and leadership in setting and achieving goals.

Cunningham was also selected to be a Firelighter for setting camp standards in terms of behavior, character, and leadership. It is an honor to be nominated by the staff, and Firelighters are looked upon as camp role models. Cunningham was praised for leading and organizing the older campers on Rock Star Day, for her initiative and self-confidence, and for being consistently responsible and dependable during her five summers at Kingsley Pines.

Congratulations to Ella Ashton and Sibyl Cunningham for exemplifying the spirit of Kingsley Pines and the way they are welcomed.

Mystery Dinner Theater

‘Karaoke Killer’ By Joh Mann

Saturday, October 7th, at 6pm
Faith Lutheran Church
988 Roosevelt Trail (Rte 302)
Windham, Maine
Menu: Tropical Glazed Ham/rice, Vegetables And Dessert.
$15
FMI: 892-3769 or 655-2547

Meteorologist Visits Second Grade

On Thursday, September 21st, meteorologist Gray Stabley from WMTW Channel 8 visited the second grade classes at the Raymond Elementary School. She spoke to the children about her job, the studio computers and different weather conditions. The children were excited to be chosen to represent warm and cold weather fronts, highs, lows and sources used for predicting weather. The children were able to ask questions. Miss Gray was impressed by the curiosity of the students. This visit was the culmination of our weather studies.

Raymond PTA Holiday Fair

Friday, December 8
6–7:30pm
Raymond Elementary School
Holiday fun for your entire family, including preschoolers!
Holiday Shopping
A holiday gift shop especially for children. All Gifts - $2
Free Gift Wrapping
Shop for families, friends and pets!
Games And Activities
We are planning new interactive games for kids of all ages.
Pie Sale
Enjoy a slice of Homemade pie and other delicious desserts. Come early for the best selection.
Scholastic Book Fair
Shop for holiday gifts for family and friends (books make great gifts for kids and teachers!!)
What the PTA Did for Raymond Last Month

The PTA’s mission is to advocate for children, enrich educational programs, support faculty and staff in their work, and collaborate with community organizations. At our September 19th meeting we voted to support four projects towards that goal.

James Wiley was granted $1000 toward his Eagle Scout Project. James will be purchasing an electronic timer and the materials to make field hockey goals and a static scoreboard. His project will benefit all the middle school athletes, especially members of the field hockey program. By supporting his project it helps us to fulfill our mission of collaborating with community organizations. Thank you, Jamie.

Between $500 and $1000 will be given to help fund the 4th grade Conservation School field trip. Seventy-five students will be attending a day and a half field school in Bryant Pond this month. The cost is $65 per student. Although the 4th grade team has conducted several fundraisers to cover the costs of the overnight trip, they are short of their goal. The unique opportunity afforded by the Maine Conservation School is an invaluable learning experience, is tied to many of the Maine Learning Results and will greatly enrich their science curriculum.

The second grade team requested a stipend of $400 for Tai Chi instructor Lisa Mageira. Lisa has been donating her time of the Maine Learning Results and will greatly enrich their school is an invaluable learning experience, is tied to many of the Maine Learning Results and will greatly enrich their science curriculum.

The second grade team requested a stipend of $400 for Tai Chi instructor Lisa Mageira. Lisa has been donating her time over the last year to provide 20 minutes of instruction to the 4th grade Conservation School field trip. Seventy-five students will be attending a day and a half field school in Bryant Pond this month. The cost is $65 per student. Although the 4th grade team has conducted several fundraisers to cover the costs of the overnight trip, they are short of their goal. The unique opportunity afforded by the Maine Conservation School is an invaluable learning experience, is tied to many of the Maine Learning Results and will greatly enrich their science curriculum.

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Teen Suicide Prevention

by Steve Danzig, LSW, LADC

Suicide currently ranks as the 11th leading cause of death in the United States. For adolescents, suicide is the third leading cause of death among 15- to 24-year-olds, exceeded only by injuries and homicides. Now that school is back in session, teens are exposed to a variety of stressful situations including but not limited to: their social status at school, academic stress from their course work and/or their parents’ expectations, and regret over embarrassing behavior or unwanted sexual activity that occurred while they were using alcohol/substances at parties. Adolescents can often turn to thoughts of suicide as a way to make the intense (yet temporary) pain from these situations go away. Therefore, it is important to know the steps you can take to protect your child from suicide and to be aware of warning signs that your child may be contemplating suicide.

Adolescent suicides can be prevented by building a sense of family and school connectedness with the youth. Such steps can be achieved by actively listening, setting attainable goals, responding to concerns, and encouraging communication of emotions and feelings. Additional prevention factors include effective coping skills, positive peer groups, conflict resolution skills, high levels of self-esteem, academic achievement, and opportunities for participation in meaningful activities.

Research shows that 10% of youth who are successful in committing suicide had no prior history of suicide attempts and gave no indication of their suicidal thoughts prior to the act. However, 90% of youth who are suicidal do offer clues that exhibit warning signs that can be detected by others. When an adolescent shows warning signs, adults must act quickly. Far too often the clues given are dismissed by parents as being a “phase” or a “rough patch” that they will get through. Parents cannot afford to be passive if there are warning signs present. Parents should respect their gut feelings and investigate further by talking to their child’s teachers or peers to see if they too have observed warning signs or too see if their child has spoken about suicide to them. It is important to know that 75% of adolescents will turn to their friends for help if they are contemplating suicide. Parents should also talk directly to their child about the warning signs they are observing. If their child admits to thinking about suicide or if the parent still is concerned about their child’s denial of thinking about suicide, they should immediately get their child to a mental health professional for help.

The warning signs to look for are as follows:

Behavioral warning signs

■ Being depressed
■ Showing changes in weight, appetite, or behavior
■ Showing changes in school performance
■ Having loss of energy
■ Losing interest in once-pleasurable activities
■ Giving away possessions
■ Showing feelings of hopelessness/helplessness
■ Abusing alcohol and other substances
■ Withdrawing from others
■ Alienating/isolating oneself
■ Being preoccupied with death

Verbal warning signs

■ “I am going to kill myself.”
■ “I want to die.”
■ “There is no reason for me to live anymore.”
■ “You all would be better off if I were dead.”
■ “I don’t want to be a burden anymore.”
■ “I have had enough—I’m ending it all.”
■ “I can’t stand living anymore.”
■ “Don’t worry about me. I won’t be around much longer.”
■ “I think suicide might be the answer.”

Environmental factors

■ Previous suicide attempt
■ Recent significant relationship breakup
■ Death of a loved one
■ Loss of job
■ Academic problems
■ Problems with the law
■ Previous suicides in the family
■ Recent disappointments
■ Easy access to firearms
■ Serious illness or belief that someone is seriously ill
■ Exposure to suicidal friends or family members

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Raymond PTA

“Advocating for children, enriching educational programs, supporting faculty and staff in their work, and collaborating with community organizations.”

RAYMOND PTA MEMBERSHIP FORM

2005 – 2006 SCHOOL YEAR

Name ____________________________
Address __________________________
Phone ____________________________
E-mail _____________________________
Children (name and grade) _________
Parent ____________________________
Business_______ Teacher_ Community Member________________________

MEMBERSHIP DUES: Annual Membership is $5

DONATIONS: A portion of your annual membership goes to support the State PTA. Any additional donations will remain in Raymond to support our local efforts.

Total Enclosed: ____________

Please fill out the form and send it to school through your child’s folder or mail it to:

Raymond PTA, c/o RES
434 Webb’s Mills Road
Raymond, ME 04071

If you have any questions, feel free to e-mail pta@raymondmaine.org or call:

Deb Cutten, Pres., 655-2877  •  Wendy Trask, V.P., 655-4446

For more information on the Raymond PTA, please check our website at http://www.raymondmaine.org/civic_groups/pta/default.htm

We generally meet the 2nd Tuesday of every month during the school year, however, our first meeting this year will be on Tuesday, September 19th.

Please join us at a PTA meeting in the Raymond Elementary School Library
6:30 pm

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Save Those Hannonaf School Dollars!

Hannonaf supports local schools with a fund-raising program called Hannonaf Helps Schools. Customers are awarded “school dollars” based on their purchases of participating products. Just look for the little green signs under products at the store that read “Earn School Dollars.” Each purchase of 4 participating products equals 3 school dollars. Customers receive school dollar certificates at the register when they check out. The certificates look similar to the cash register receipts. Send the certificates in to either R.E.D. or JMSM, or drop them off at the PTA’s Box Top collection sites at the Raymond Village Library or the Town Office. The PTA will turn the school dollars in at the end of the program and will receive a check from Hannonaf for the amount of school dollars they collect over the 3 months the school dollars are being distributed. Last year we raised $876 in school dollars and won an additional $1,000 for being the school that raised the most dollars!

This year’s program runs from September 3rd to December 2nd, 2006. The PTA will turn in all the School Dollars at our North Windham Hannonaf Supermarket by December 15th, 2006.

A list of participating products can be viewed on Hannonaf’s website www.hannonaf.com or on the PTA’s bulletin board at RES. Thank you for participating in this fundraiser and supporting your school and community.

Fire and Rescue

Hello again from the Fire and Rescue Department! After a few months off, we are back again with news and information for our community.

News and Updates

- Ronnie Keeler, EMT-P, has left her full-time position with the department but remains on the roster as a per-diem/on-call member. Thank you for your time and excellent contributions to the department!
- Gillian Thomas, FF/CCMT-P, has accepted the open full-time position and joined the department in July. She joins Toni Seymour, MA, FF/EMT-P, as the second full-time firefighter/paramedic.
- We have 2 new live-in students from the Fire Science program at Southern Maine Community College, Dan Hillier and Justin Emmons. They will live at the station during the 2006/2007 school year. They will respond to calls, train, and participate in all activities as their school schedules will allow.
- Congratulations to Explorers Steve Clark, Tim Tripp, and Sky Critchfield on their successful completion of the 2006 Cumberland Fire Academy!

The summer has been busy. Like many of our surrounding communities, we saw an increase in the demand for both Fire and Rescue services. As the pool of volunteers in fire departments continues to fall, we are using our mutual aid community connections often. We are called on to respond to many of our surrounding towns just as often as we call for assistance. Don’t be surprised to see a mix of Raymond, Casco, Windham, Gray, New Gloucester, Naples and even Poland at any given fire attack. With many departments, training together is very important. The first week of September saw the towns of Raymond, Gray, New Gloucester and Windham practice firefighting skills and evolutions at a dedicated house off of the Casco Road. Attack, search and rescue, ventilations, hose advancement, and initial fire attack with Compressed Air Foam systems were well done and well received. Thank you to the generous homeowner and fellow fire departments for a great training experience.

On the Calendar

- The week of October 8-14, 2006, is Fire Prevention Week. The focus this year is “Prevent Cooking Fires: Watch What You Heat.” Firefighters will be out and about in the community, most notably in the local schools. This is the week we introduce fire safety and prevention to our youngest “customers.” Department members are available to do presentations to any community organization, school, daycare, etc. If you would like us to be spread when we come to visit, please call 655-7851 to make an appointment.
- October 29 is the end of Daylight Saving Time. That means it is time to change the batteries in your smoke and carbon monoxide detectors!!
- Any smoke or carbon monoxide detector over 10 years old should be replaced. All of the local and super hardware stores stock them at very reasonable prices. If you have any questions about detectors, fire and medical emergency preparedness or concerns about your home’s fire safety, please give us a call.
- October is also Halloween month. This month traditionally sees a rise in injuries to children across the country. Please take the time to make sure all costumes are fire-resistant or retardant, that any nighttime activities include reflective vests and/or clothing, and that all outings are chaperoned by an adult.
- Don’t forget that the Public Safety Building is staffed 6am to 6pm with EMS personnel. We are always available (if we aren’t on a call!!) for blood pressure checks, Vial-of-Life updates, and other basic questions or needs. If you have medical problems, take a lot of medications, or call an ambulance often, ask about the Vial-of-Life program. Call 655-7851 for more information.

Woodstove Safety

Woodstoves are a major cause of fires. PLEASE make sure your stove is clean, chimneys are installed correctly and are the right kind for your stove. Make sure you have safe storage for ashes. We can help you. Call us for a safety inspection. An ounce of prevention... is warm, and SAFE.

It’s Time for the Annual Raymond Fire and Rescue Haunted House

Please join us on Saturday, October 28, at Camp Hinds for a Spooky and Scary night out for the entire family!!! Times TBA. The Haunted House is free, but donations are always gratefully accepted.

‘Tis the Season... for Coughs and Sneezin’!

This information excerpted from the Centers for Disease Control website.

For detailed information, resources and references, go to www.cdc.gov/flu.

A hot topic these days is pandemic. A pandemic is an epidemic that affects a large area or population. There are many diseases that can affect an entire country and population beyond borders. You might have heard the names Bird flu, Asian flu, Influenza, etc. These are all variations of influenza. The specific name is less important than recognizing some common symptoms of all flu (influenza) viruses. The flu can cause mild to severe illness and at times can lead to death. Although most healthy people recover from the flu without complications, some people, such as older people, young children, and people with certain health conditions, are at high risk for serious complications from the flu.

What is influenza (flu)?

Influenza, commonly called “the flu,” is caused by the influenza virus, which infects the respiratory tract (nose, throat, lungs). Unlike many other viral respiratory infections, such as the common cold, the flu causes severe illness and life-threatening complications in many people.

What are the symptoms of the flu?

Influenza is a respiratory illness. Symptoms of flu include fever, headache, extreme tiredness, dry cough, sore throat, runny or stuffy nose, and muscle aches. Children can have additional gastrointestinal symptoms, such as nausea, vomiting, and diarrhea, but these symptoms are uncommon in adults. Although the term “stomach flu” is sometimes used to describe vomiting, nausea, or diarrhea, these illnesses are caused by certain other viruses or bacteria, or possibly parasites, and are rarely related to influenza.

When is the flu season in the United States?

In the United States, the peak of flu season can occur anywhere from late December through March.

How does the flu spread?

The main way that influenza viruses are spread is from person to person in respiratory droplets of coughs and sneezes. (This is called “droplet spread.”) This can happen when droplets from a cough or sneeze of an infected person are propelled (generally up to 3 feet) through the air and deposited on the mouth or nose of people nearby. Though much less frequent, the virus can also be spread when an infected person touches respiratory droplets on another person or an object and then touches their own mouth or nose (or someone else’s mouth or nose) before washing their hands.

Here are a few things you can do to protect yourself from many illnesses, not just the flu:

- Avoid close contact. Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too.
- Stay home when you are sick. If possible, stay home from work, school, and errands when you are sick. You will help prevent others from catching your illness.
- Cover your mouth and nose. Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick.
- Clean your hands. Washing your hands often will help protect you from germs.
- Avoid touching your eyes, nose or mouth. Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.
- As always, if you have any questions, concerns, or think you might have the flu, contact your doctor.
Raymond-Casco Historical Society

On August 21, 2006, we held our annual picnic meeting on Hacker’s Hill, beneath whispering pines and the beautiful view of New Hampshire’s White Mountains. President Webber called the meeting to order, and Vice President Linda Alexander led the group in the Pledge of Allegiance.

Secretary Carmen Lone was absent, but the minutes of our July meeting were published in our July newsletter and accepted. Treasurer Betty McDermott reported a treasury balance of $2,757.37. It was reported that arrangements have been made to have our schoolhouse repaired and painting done in October. Ann Miller has purchased the required supplies.

President Webber received a list of 26 historic items from Ann Haydel of NewYork that she wishes to donate to us if we have a place to put them, which brings up the subject of a museum building to house our collection. Wayne Holmquist has not heard from members on a proposed museum floor plan or how we might finance such a project, but reports he has figured out how we can do it.

Due to conflicting dates of publishing our newsletter and also contributing to Raymond’s Road Runner it was suggested we change our meeting night to the SECOND Monday instead of the THIRD Monday. This would require a by-law change.

Our next meeting will be held for the purpose of electing officers for 2007.

The abbreviated meeting adjourned in favor of the potluck picnic.

Welcome, New Members

- Cynthia McCarthy and family, Belcamp, MD
- Kelly Delbiase, Brookeville, MD
- Jared McCarthy, Elkridge, MD

Raymond-Casco Historical Society Endowment Fund

The Raymond-Casco Historical Society was founded in 1971 as a charitable, educational and non-profit organization that devotes its resources to the collection, preservation and interpretation of materials that document the history of Raymond and Casco. Its mission shall be accomplished through these objectives:

a. To research, document, and collect the history of Raymond and Casco by traditional historical methods, oral histories, and the most advanced technological means available.

b. To catalog and organize our collection.

c. To establish a base of operations, which includes a museum, library, office facilities, a public meeting room, and serves as a repository of items of historic significance to the towns of Raymond and Casco.

d. To protect, preserve, and make accessible all property in the custody of the Raymond-Casco Historical Society.

e. To cooperate with other historical societies, libraries, institutions, or organizations seeking our resources.

f. To encourage the study and publication of the history of Raymond and Casco.

In 2006 we completed the multi-year process of cataloging and organizing our collection with the help of a grant from the Davis Foundation.

In 2003, recognizing if we were ever to have a functional museum, the members of the society organized and funded the beginnings of a permanent endowment to support that dream. Our endowment is established under the 501(c)(3) charitable tax-deductible procedures. It is still tiny, but professionally managed at the Smith Barney offices in Portland, ME. We encourage any financial gift to add to this growing base. Through the help of Smith Barney, we are able to accept appreciated stock or any certificates of a financial nature and get advice for any donor willing to make major gifts.

The fund’s principal stays invested to pay out five percent annually for the operation of the society, and any additional income is reinvested to grow the endowment. Your donation has a perpetual benefit for both current activities and future growth. We look forward to the day when our endowment can support the daily operations of the society, at which time we would start a capital campaign for the construction of a new museum.

Here’s How You Can Help the Society

- Join the Society:
  - Family membership $15
  - Individual $10
  - Corporation $25
  - Student $5

- Look to the future by making a tax-deductible contribution to the Endowment Fund in any amount

Make your checks out to Raymond-Casco Historical Society and designate either for membership or investment in the Society Endowment Fund.

Mail to:

RCHS, P.O. Box 1055, Raymond, ME 04071

Meetings are held at 7pm on the third Monday of the month.

During 2006 meetings are held at the Raymond Public Safety Building. In 2007 meetings will be held in Casco at the public library. The public is welcome.

Help Preserve Your Heritage

We need your pictures and stories. Stories and pictures need not be old, just related to Raymond/Casco with some historical significance and worthy of remembering. Remember - if it happened, it is now history! You don’t have to give up your possessions; we have the facilities to copy your photographs, letters and news items. Contact Custodian Anne Miller:

Mrs. David Miller
16 Parson Point Road
Casco, ME 04015
E-mail: dmiller22@mainet.com
Phone: 207-627-4869

Historical Society Officers

President, Joseph Webber
Vice-President, Linda Alexander
Secretary, Carmen Lone
Treasurer, Betty McDermott
Historian, Elizabeth Bullen
Custodian, Anne Miller

Executive Committee Members at Large:
Franklin Tenney and Wayne Holmquist
Absentee Voting Available
The Town Clerk’s Office is accepting absentee voting. If you find that you will not be in Raymond on November 7th for the General Election, you can vote at the Town Office before that date. Your ballots will be sealed in official envelopes and voted by the elections staff on Election Day. Your ballot will be handled in such a way that it will remain a secret ballot.

If you would like to vote in this manner, come to the Town Clerk’s Office during regular business hours. You can vote the ballot at that time, or if you wish to take it home for your deliberation, you will be asked to fill out an application and then a clerk will give you the ballot and an envelope for the ballot’s return either in person or by mail. If a voter cannot come in to the Town Office, please call the Clerk’s Office at 655-4742 and ask to have a ballot sent to you. A clerk will fill out your application and promptly mail you a ballot and return envelope. If you wish to have a ballot sent to an immediate family member, come into the Clerk’s Office and fill out an application and the clerk will mail the ballot and return envelope to the voter.

If you have any questions, please do not hesitate to call the Clerk’s Office at 655-4742.

2007 Dog Tags Available
Dog licensing will begin October 15th for 2007. If you have a dog over the age of 6 months, it should be licensed. A rabies certificate must be produced and if neutered, a neutering certificate, if the Town Office doesn’t have it on file. The fee for a neutered dog is $6 and non-neutered is $10. All dogs must be licensed by January 31, 2007. Dogs licensed after January 31 will incur an additional $15 late fee.

Beginning in 2005 all adult rabies vaccinations are effective for three years. Please check your rabies certificate, and if you have a two-year rabies certificate, it will be good for one more year.

Licensing funds contribute to stray animal care in the town and state and support the State Veterinarian Laboratory in Augusta. The Maine State Humane Agents who investigate animal abuse cases are supported entirely by dog licensing fees. There are only six for the entire state, with one for southern Maine. No other state funds are budgeted for this service. If you feel that more humane agents are necessary, only compliance from the dog owners will increase the Animal Welfare budget.

Community Service
All the community service classes in grades 5-8 are off to a great start! The total number of children involved in these classes is around 150! That sure is a lot of helping hands!

The classes all had different causes that they wanted to support as well as being open to new ideas from the community involving people or causes that are needing a hand. So far, we have one class going to help a Kindergarten class, one helping in the kitchen at RES, and another joining a 1st grade. Several classes are pursuing the idea of a skateboard ramp for the Town of Raymond, while another class wants to lend a hand to animals. The impact of service learning can be huge.

Research shows that kids who serve others have greater self-esteem and decreased drug and alcohol use down the road. Research also shows that children who learn by giving service continue to do this as they grow up. Imagine the impact down the road! So if you have a need, let us know. If you see these children out in Raymond working, please give them a word of encouragement. Any questions or thoughts, please call Barbara Loux, LCSW, at 655-4742 x107 or e-mail her at barbloux@raymondmae.org.

“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it’s the only thing that ever has.” (Margaret Mead)

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Tax Relief “Circuit Breaker” Form Help
On Saturday, October 21, 2006, Representative John Robinson will help fill 2006 tax year State Tax Relief applications out. He will be in the Town Office from 8:30am to 12 noon.

No appointment will be needed. If you don’t have a copy of your 2005-2006 tax bill (last year’s), the Town Office will be able to give you a copy. You will also have to know what your annual income was for last year. Refunds are available up to $2,000 per household.

Tax and Rent Refund Program qualifications. You do not have a spouse or dependent(s) and your 2005 household income was $77,000 or less; or you have a spouse or dependent(s) and your combined 2005 household income was $102,000 or less.

AND
Your 2005 property tax was more than 4% of your 2005 household income; or, the rent you paid in 2005 was more than 4% of your household income.

NOTE: Low-income Seniors do not need to meet these requirements.

Post this reminder on your fridge!

Raymond Rec winter sports sign-ups will be Wednesday, November 8th, from 6-8PM, at the JSMS Gym. This is for youth basketball as well as the Wednesday and Friday skiing programs.

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Free Technical Assistance Visits Available to Thomas Pond Watershed Residents

Through the newly awarded Thomas Pond Conservation Project, free technical assistance visits are available to all Thomas Pond Watershed residents to give advice on water quality improvements that can be done on their property to help improve and protect the health of Thomas Pond. Typical recommendations include the creation and installation of a variety of erosion control practices such as infiltration steps, water diveters, drywells, and many other common soil and water conservation methods. Advice may also be given as to the need of planting native vegetation for simple water filtration and absorption purposes. Compliance with any recommendations made is strictly voluntary, and many sites may qualify for up to $300 in cost-share funds for the implementation of suggested water quality improvement practices. If you live within the Thomas Pond Watershed and are interested in taking advantage of this free opportunity and seeing if your property qualifies for funding, please contact Heather True of Cumberland County Soil and Water Conservation District at 207-892-4700 or htrue@cumberlandswcd.org.

Casco Bay District Award of Merit Recipient

Jim Fisher has received the Casco Bay District Award of Merit. He was one of only four scout leaders to receive this award for the entire district. Jim started in scouting as a youth in Cub Scouts in Gray, Maine. He rejoined Cub Scouts as an adult in an assistant den leader position along with, his oldest son, in Raymond’s Pack 800. Jim also served as the Assistant Cubmaster for two years and the Cubmaster for six years. As a committee member in Raymond’s Boy Scout troop, Jim has helped the troop throughout the years his sons have been in it. Jim’s involvement in the pack has been paramount to the pack’s success and the success of scouting as a whole in Raymond. His leadership has made the pack involvement in Raymond and in district events stand out. The involvement he demonstrated during his tenure as Assistant Cubmaster and Cubmaster have earned him the Cub Scouter Award and the Cubmaster award, as well.

Jim’s family is a true scouting family. His wife Kim serves as a den leader for the Cub Scout Pack and as a committee member in Raymond’s Boy Scout troop. Their eldest son, James is a Life Scout; his son Travis is a Tenderfoot, and his youngest son Dustin is a first-year Webelo.

Always one who is willing to lend a hand in whatever capacity is needed, Jim’s volunteerism has been fundamental in district scouting events and leader training. He approaches each task with humor and commitment. His dedication to scouting events has been helpful in creating a better program that is more organized and more fun for those youths and adults who attend. His energy and enthusiasm shows in the myriad of local and district events he has been part of. Beyond the help that Jim pours into scouting, he also helps in his community. Jim has been a baseball coach for eight years, coaching T-ball through the majors. He’s also been very dedicated in his church as choir director, board member, and head trustee.

Free Computer Workshop for Raymond Residents and Employees

Beyond the Basics: a Microsoft Word Workshop for adults will be offered by the Raymond School Department in partnership with the Raymond Village Library. Doris Horne, Data Strategist, will facilitate this two-night workshop on Monday, October 16 and 23, 6:30-8:30pm, at the Raymond Elementary School computer lab. A similar workshop on Excel may be available in November. To register and to suggest workshop topic ideas, contact Doris at doris.home@raymonddmaine.org or at 655-8666.

Safari Summer Reading Program at Raymond Village Library Was Wild!

With 75 children signed up to participate in the annual Summer Reading Program at RVL, it was bound to be a great success — and it was! From hunting animals placed around town to making jungle foods, the children and parents enjoyed a fantastic 6-week adventure.

Many thanks to all who helped make this program possible, including: Hannaford’s in Windham, Shaw’s in Windham, Walt Manchester, Susan and Hallie Mitchell, Gail Cole, York’s Wild Animal Kingdom, Maine Wildlife Park, Cottage Industries of Raymond, Bayview Association of Raymond, and Jordan Bay Animal Hospital of Raymond.

Most of all, RVL would like to thank Lisa Friedlander of Raymond for the many years she has facilitated, organized, and made the annual Summer Reading Program available to Raymond youth! This was Lisa’s last year to take charge of the Summer Reading Program but is not going anywhere, just moving up to the middle school age/young adult age group to offer summer reading fun for them to enjoy.

Thanks, Lisa, for all of your hard work, energy, and enthusiasm given to Raymond’s youth!

Opening Day at Hebron Academy Middle School

Hebron Academy Middle School students Rosalyn Moisan and Sydney Bundell (both of Raymond) enjoy opening day games recently along with the excited and motivated group of 29 students in grades 6 through 8. For more information, interested families should check the Middle School section of the Hebron Academy website at www.hebronacademy.org.

Raymond Road Runner Deadline Reminder

Articles for the November issue are due Thursday, October 19th.